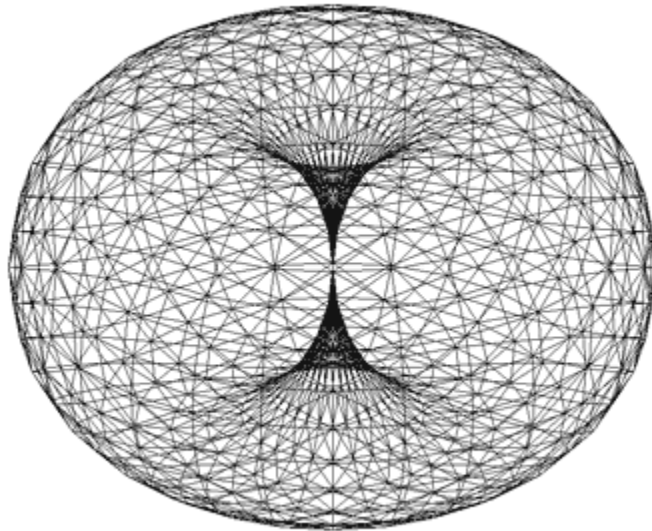
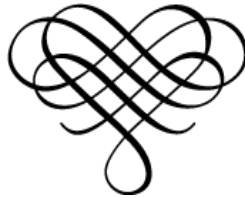


Remembering Who We Really Are

[One Infinite We Within Our Own Individual Me]

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Feel free to pass this FREE download onto others who you feel may be blessed by this ebook. The intention is to change the paradigm to Give to others as an "Act of Kindness". It can be of one's gifts, skills, possessions, lending an ear, paying someone a compliment, a bright smile, a hug and/or this ebook. It's my hope to inspire you to consider ways in which you can carry on the tradition to make a difference for someone else.

I deeply thank all of those from my heart who have contributed in any way to this publication of what is essentially a collection of poetry written over the last four decades with selected inspirational art and photos.

Sponsors can contact me at ch3@WeWithinMe.com

This ebook will be constantly polished and updated online at:
www.wewithinme.com/WeWithinMe.pdf



Thank you~



Thank You

**Thank you from the bottom of my heart
For just simply being you
Which helps show me more of myself too
From another more expanded point of view.**

**From My Heart
I impart
The all of me I know to Be
That lives within Eternity.:**

**This Dream of mine
Is a goldmine in time
To (((((((Shine)))))))) forth
Through this magical mystery rhyme.**

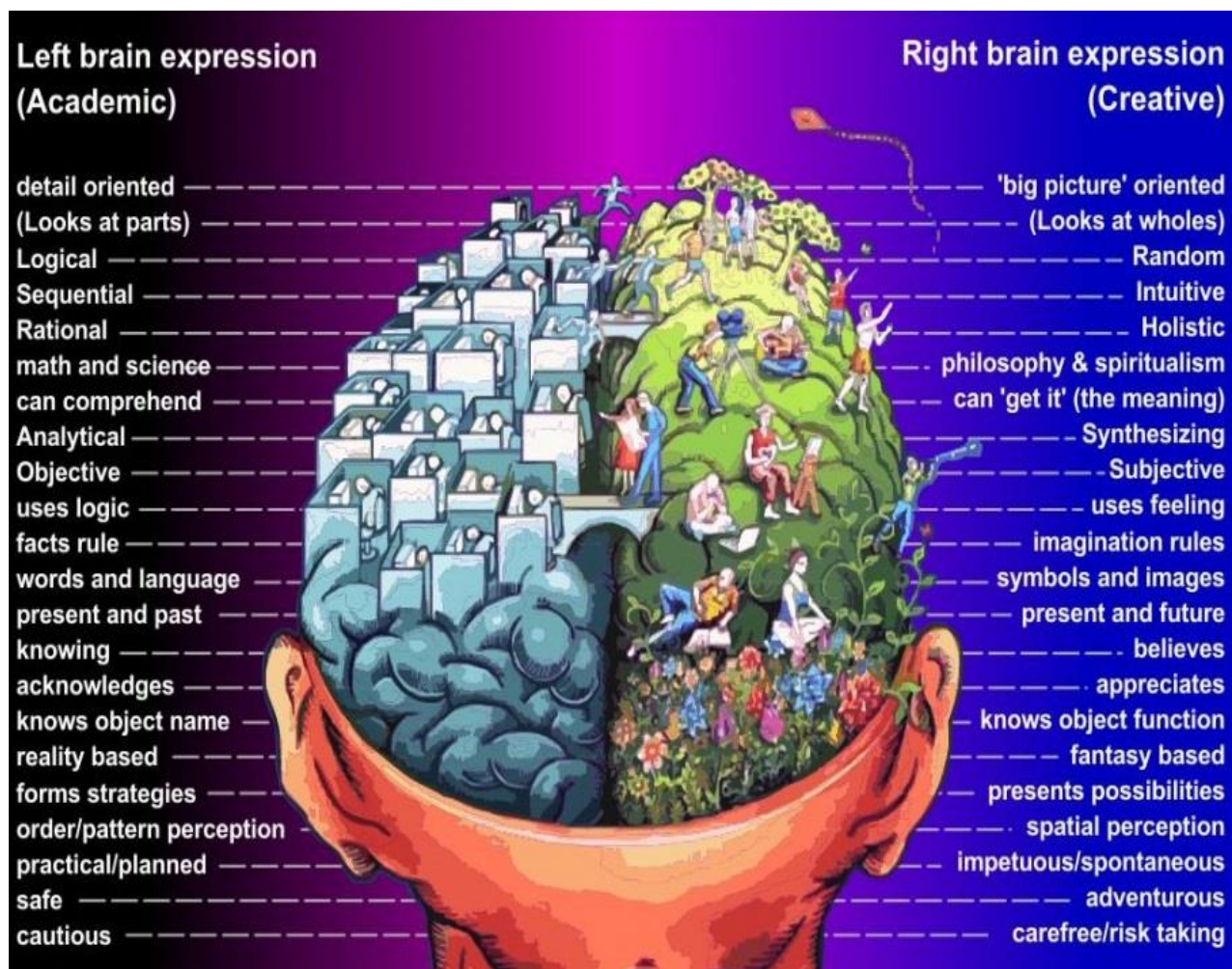
**It's the divine that rhymes
Through our Heart's sacred chimes
For Forever and all times.**



**From the very first cells
That our physical life bells
We are All HEART
From that very first Start.**



**And from that first being All HEART
Came into being our every part
Including our dual hemispheric brain
Which can sometimes drive us insane.**





**So let's fall out of our head
Back into our Heart
Where all creation did initially start.**



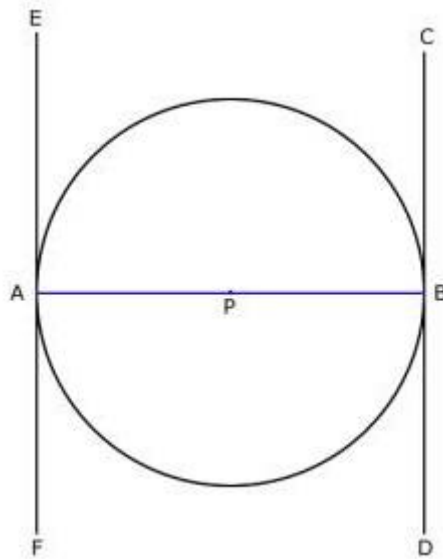
**From my Heart
I impart
The all of Me
I know to BE
That lives within Eternity.:**

**Slowly I remember it all over again
As above outside, so below within.**

**Life is like being within a round crystal ball
That reflects back to us our infinite inner all.**



**The two extremes and the all in between
Make up this whole paradoxical dream.**



What is Good without bad?

What is Happy without sad?

What is Light without dark?

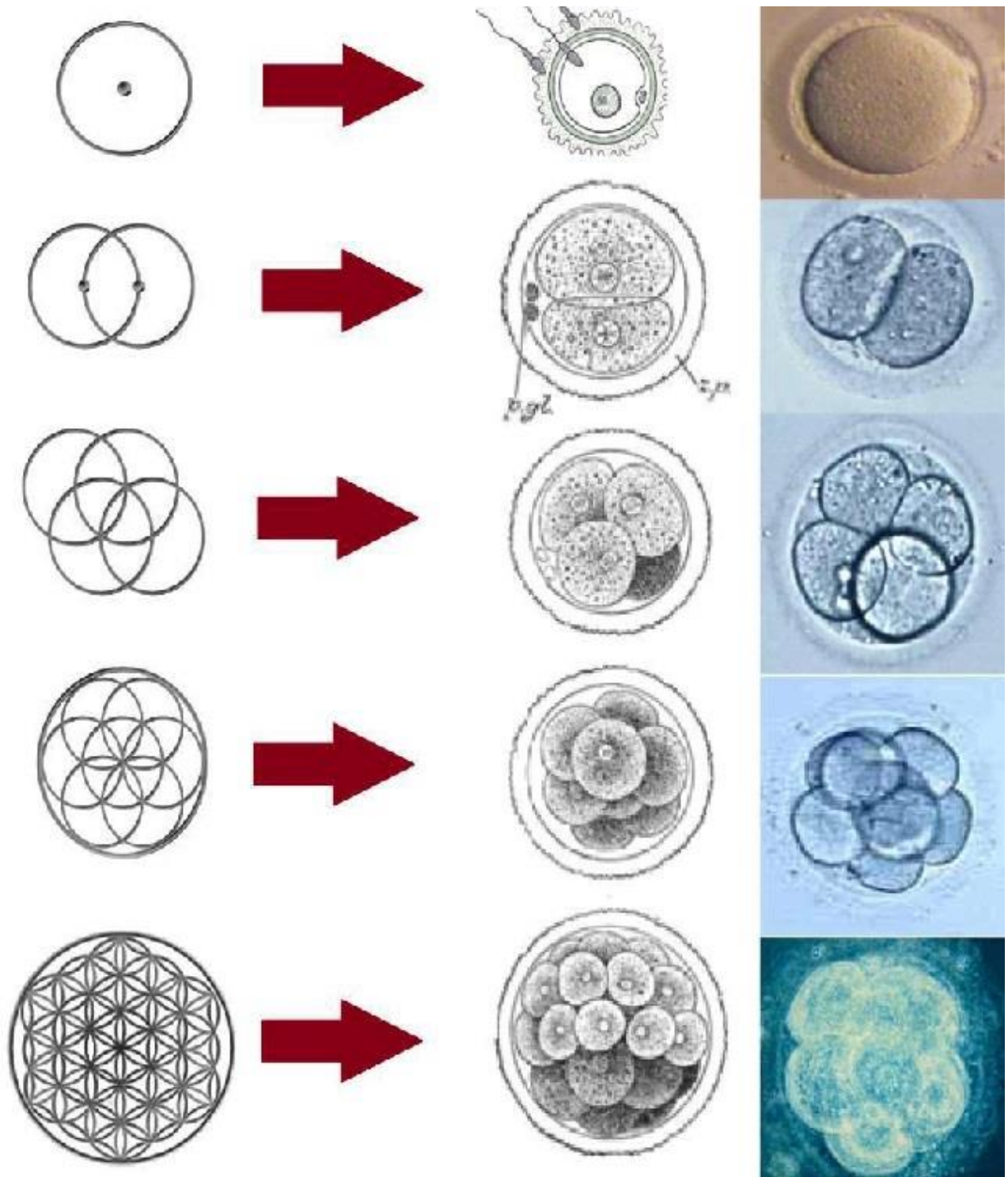
What is an end without a start?

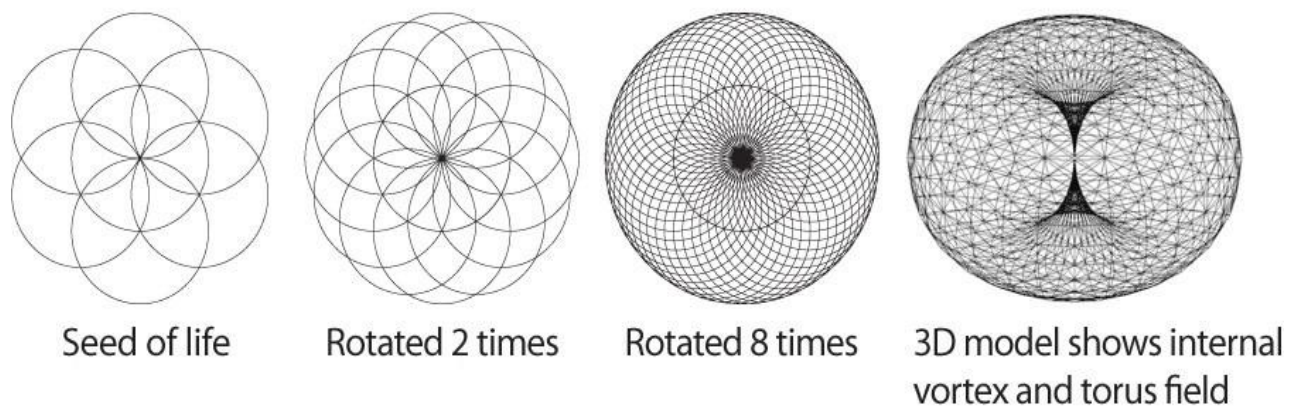
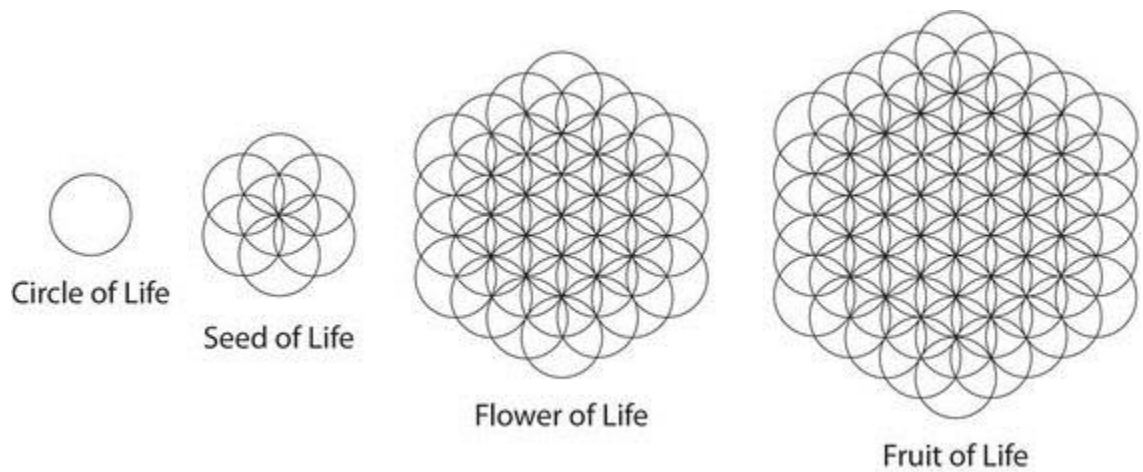
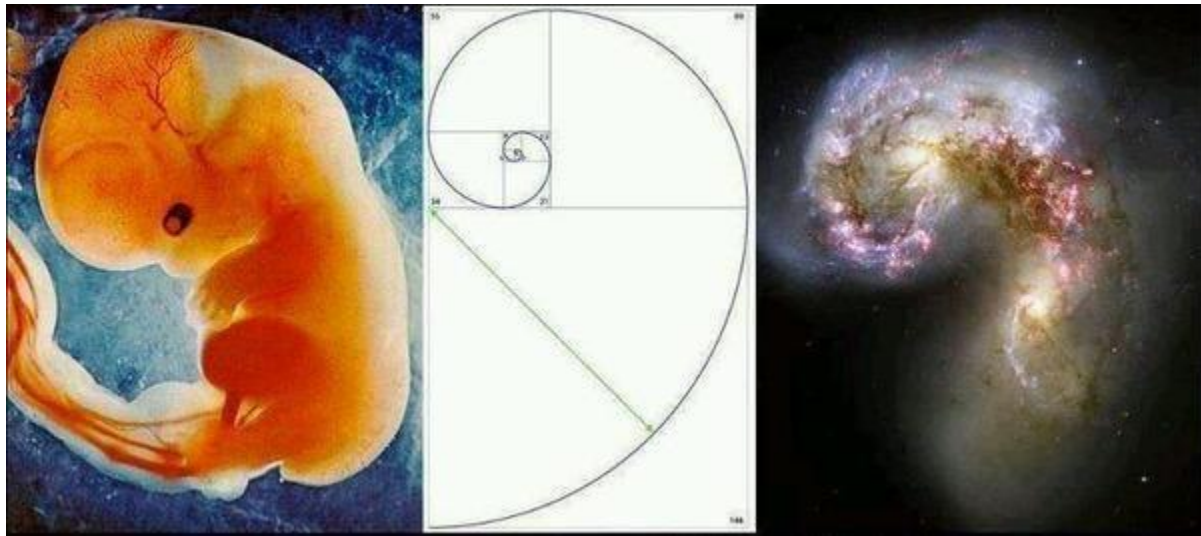
Life's extremes each define one another.

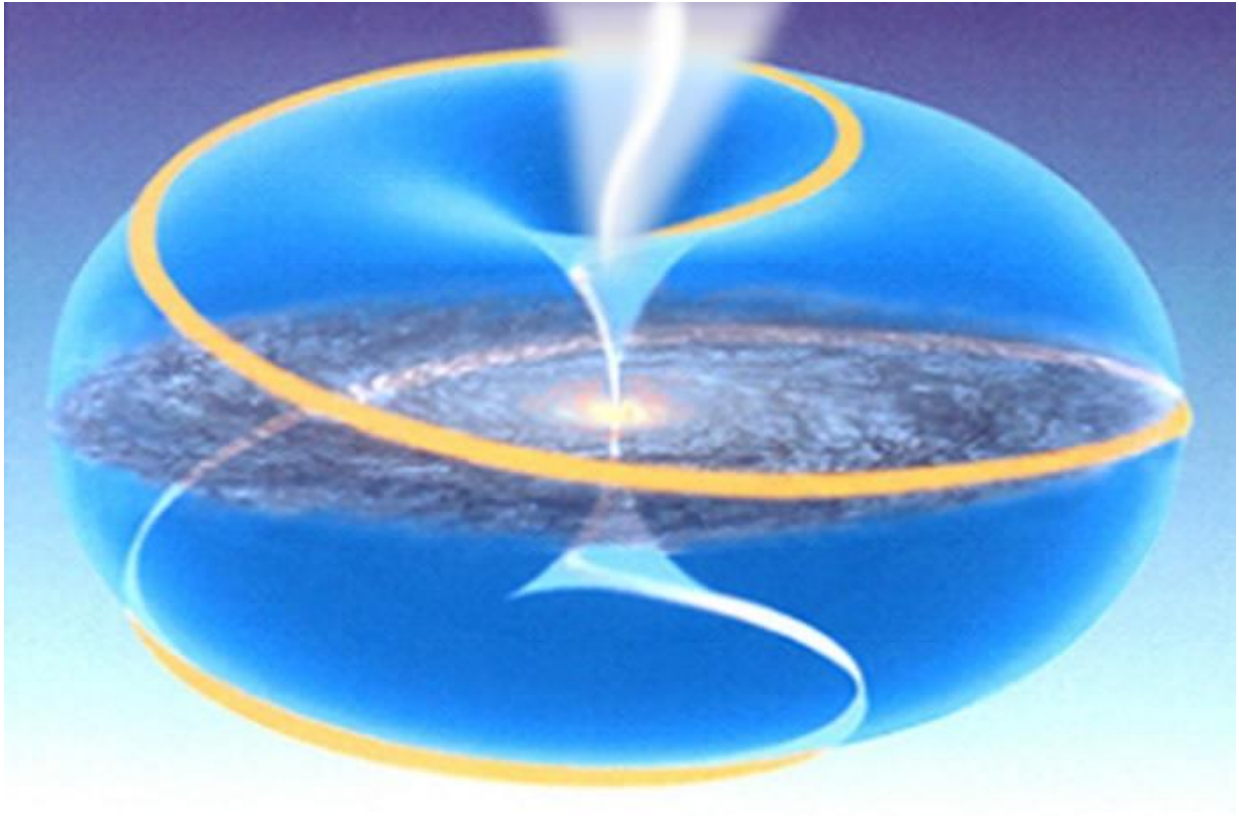
What is one without the other?

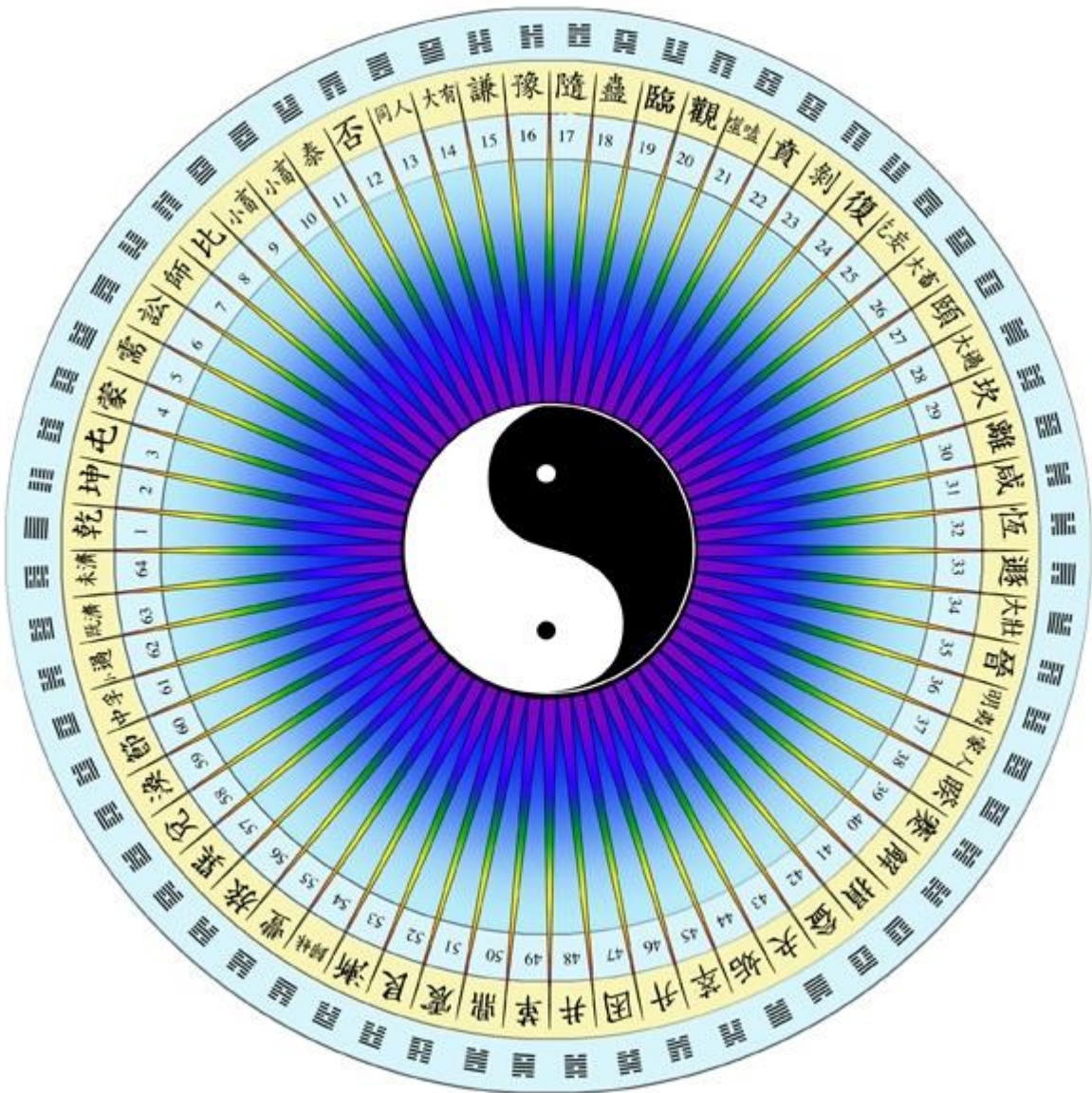
**These extremes that make up our life
Which can sometimes create such strife
Are all born within me and you
Feeding us back an inside-out view.**











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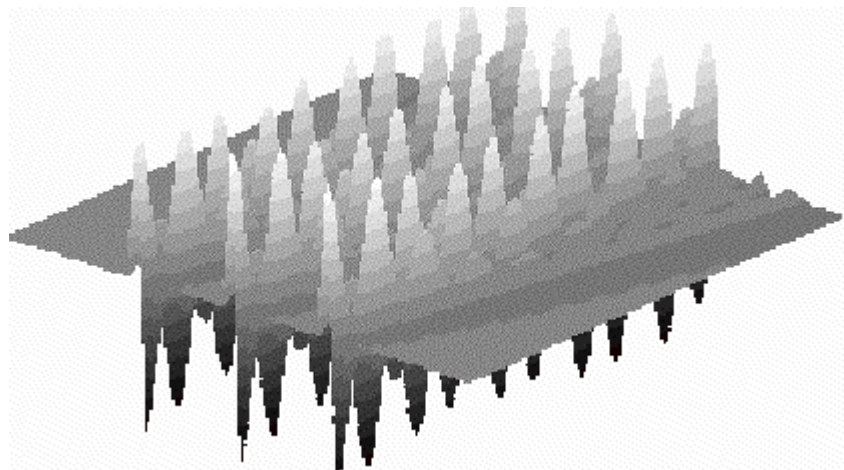
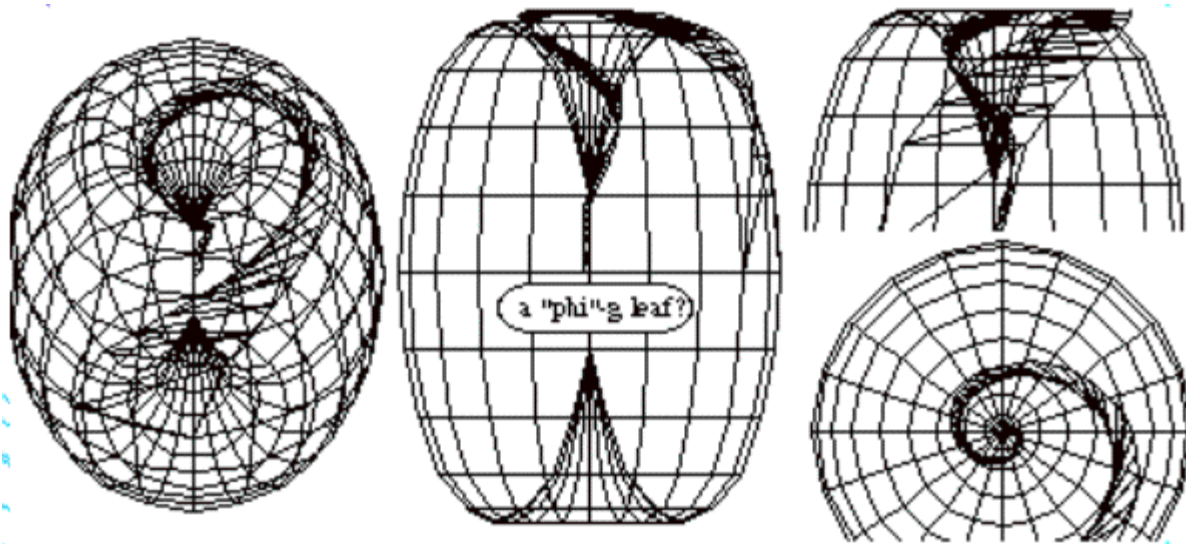
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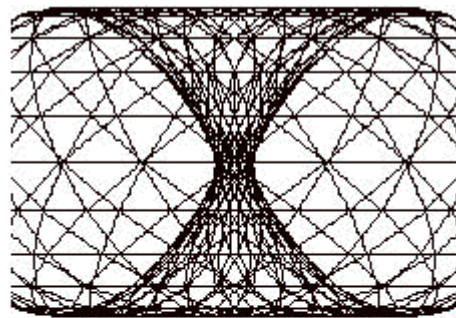
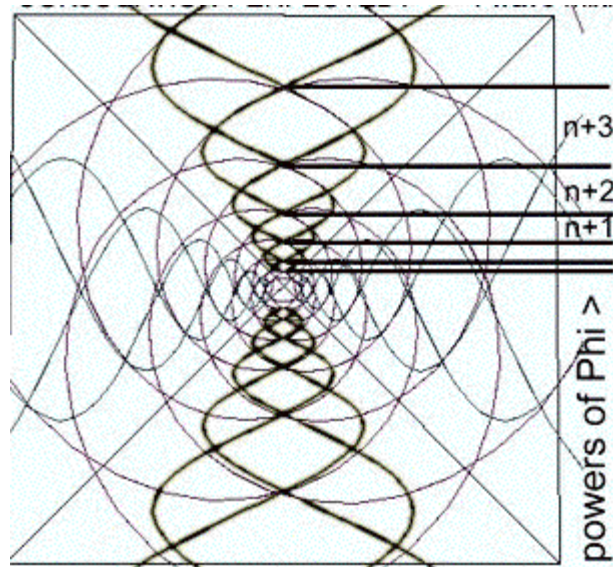
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49		50		51		52		53		54		55		56	
57		58		59		60		61		62		63		64	



One of the Fu Dogs that guards the entrance to the Forbidden City in Beijing, China has a 3D Flower of Life under its paw and is sitting on a square pedestal with a square rug on it rotated 45 degrees forming the 8-pointed star (16 pointed if you include those that point inward as well). Essentially, this figure which is considered to be the "protector of the knowledge", (like the Sphinx in Egypt), encodes the fundamental geometry of the quantum vacuum fluctuations that make up the very fabric of space-time.



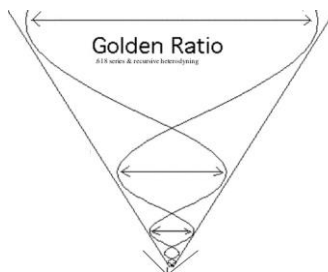
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**Everything you think, say and do
Will eventually come back to you.**



**So Listen to and Follow your Heart
At every moment's new start.**



**Our Heart is the Door
to Peace forevermore.**

**What we each know most to be true
Is what we experience and do
From our own point of view.**

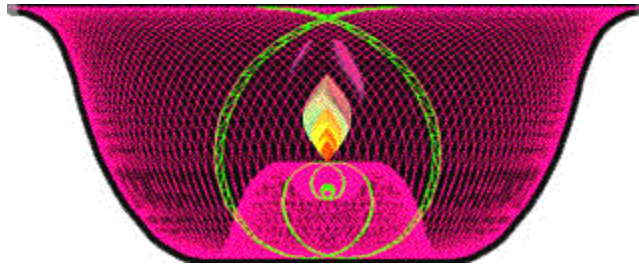


**The truth that I see in front of me and you
Is a different point of view
Than what can be seen to be true
From your own point of view.**

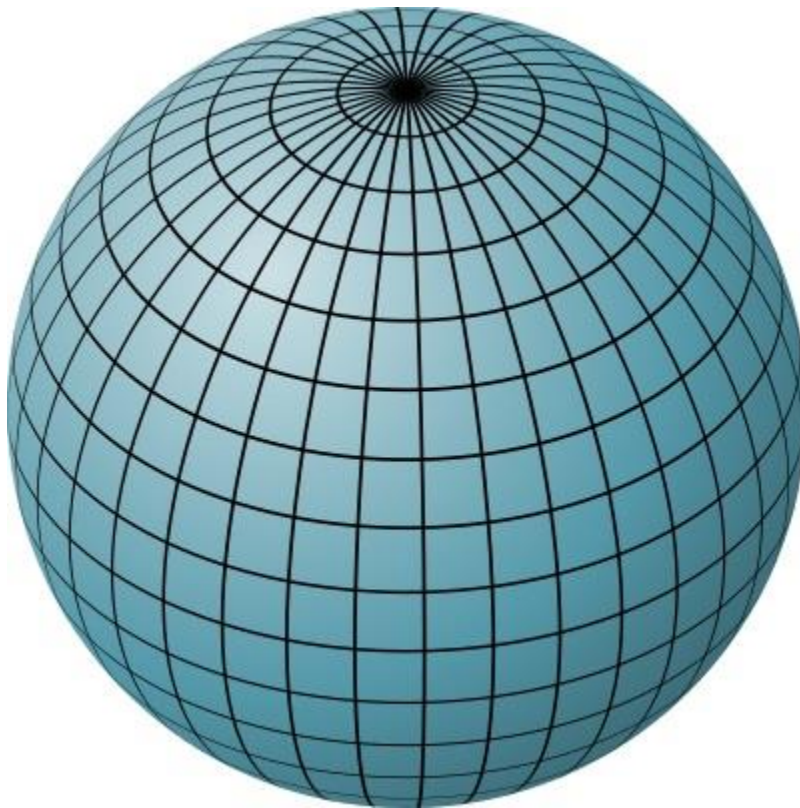
**If I placed a symbol of God or Truth
In the middle of the room
It could be a rose flower as it opens its bloom.
We would each see it from our own point of view
With our own angle of shadows and backdrop too.**

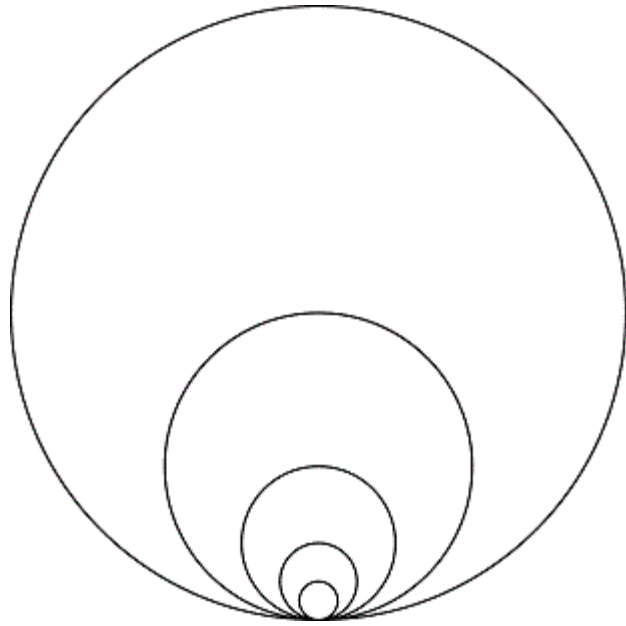


**What looks right to you may to me seem untrue
As what looks right to me
May sometimes appear wrong to you
Because of not just our own point of view
But also our own life journey that we each go through
From which we each build within our own filtered view.**



**The more views that we have
The more complete the view
Of this mystery of life that makes up all of me and you
In this 3D world that we “think” to be true.**





**This is my current individual point of view
That I Feel in my Heart to be what is true:**

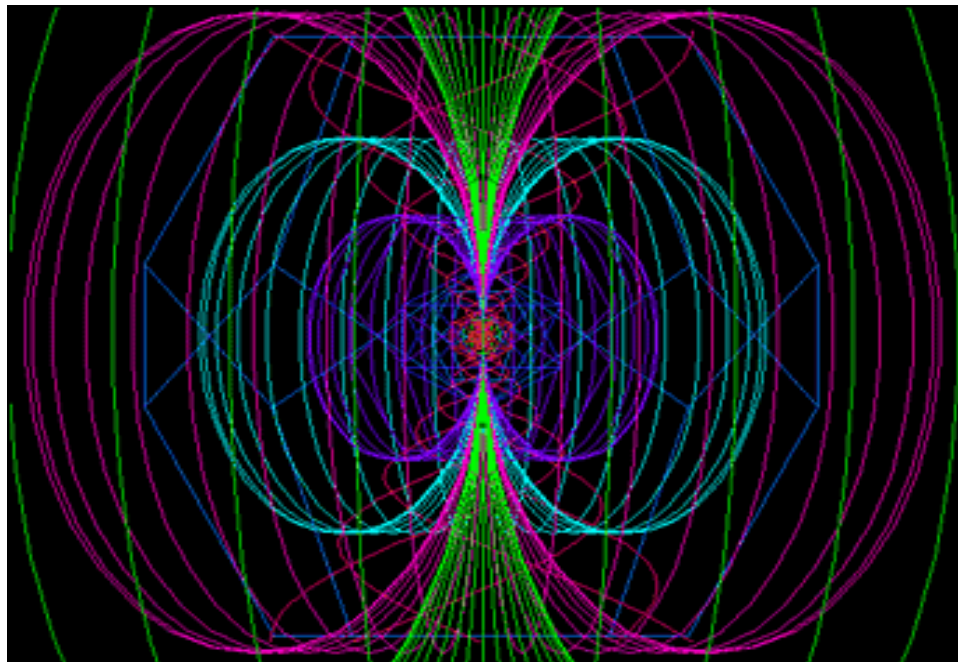
**Who I Am in the All that I truly Am
Includes who you are in the All that you really are.**

**For what if everything and everyone conceived
That you have really and truly perceived
As being outside and "separate" from you
Were really you too
From another point of view?**

**Then your Unconditionally Loving another
Would be Unconditionally Loving you too
From an entirely different point of view.**

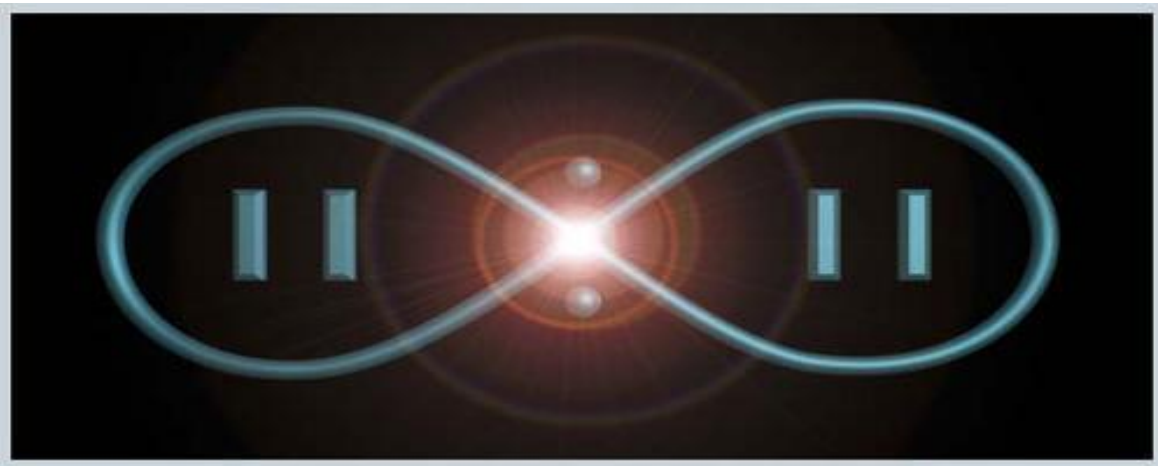


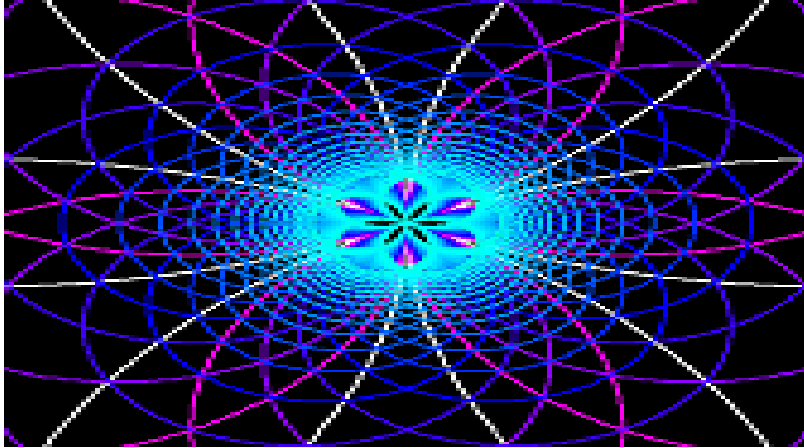
**Can you feel in your heart how this rings true
That deep within we are all one within you?**





**The in-between is more than it seems.
To the whole it provides the means.**

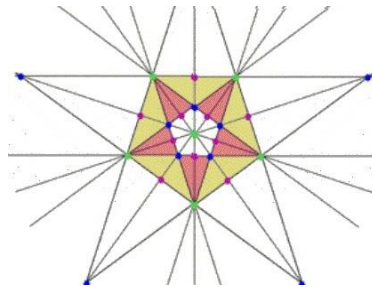




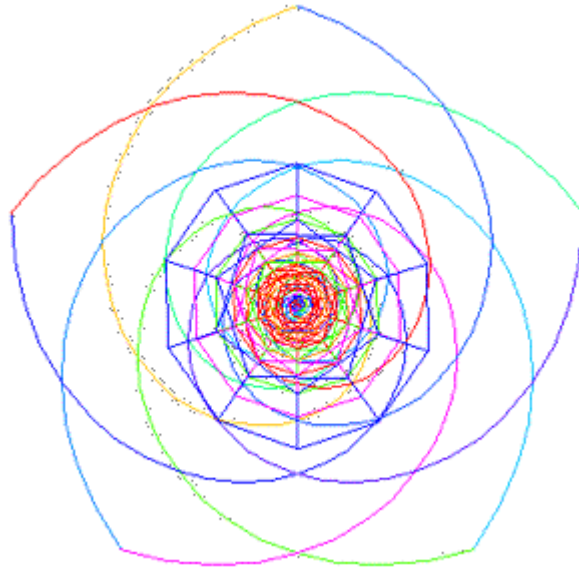
**Where yin and yang meet
Is to all creations treat.**

**It's the stargate to the all
That really beckons our call.**

And that stargate is within me and you.



**When you open your heart to all that's true
You will then see the true star buried deep within you
In a newer light from another point of view.**



**It's time Now to reach for the star
That we each within really and truly are.**







**What it takes to really be a star
Is to Be the real you that you really are.**



**So remember your Dreams of the Highest Degree
As they are your means to see your true “me”.**

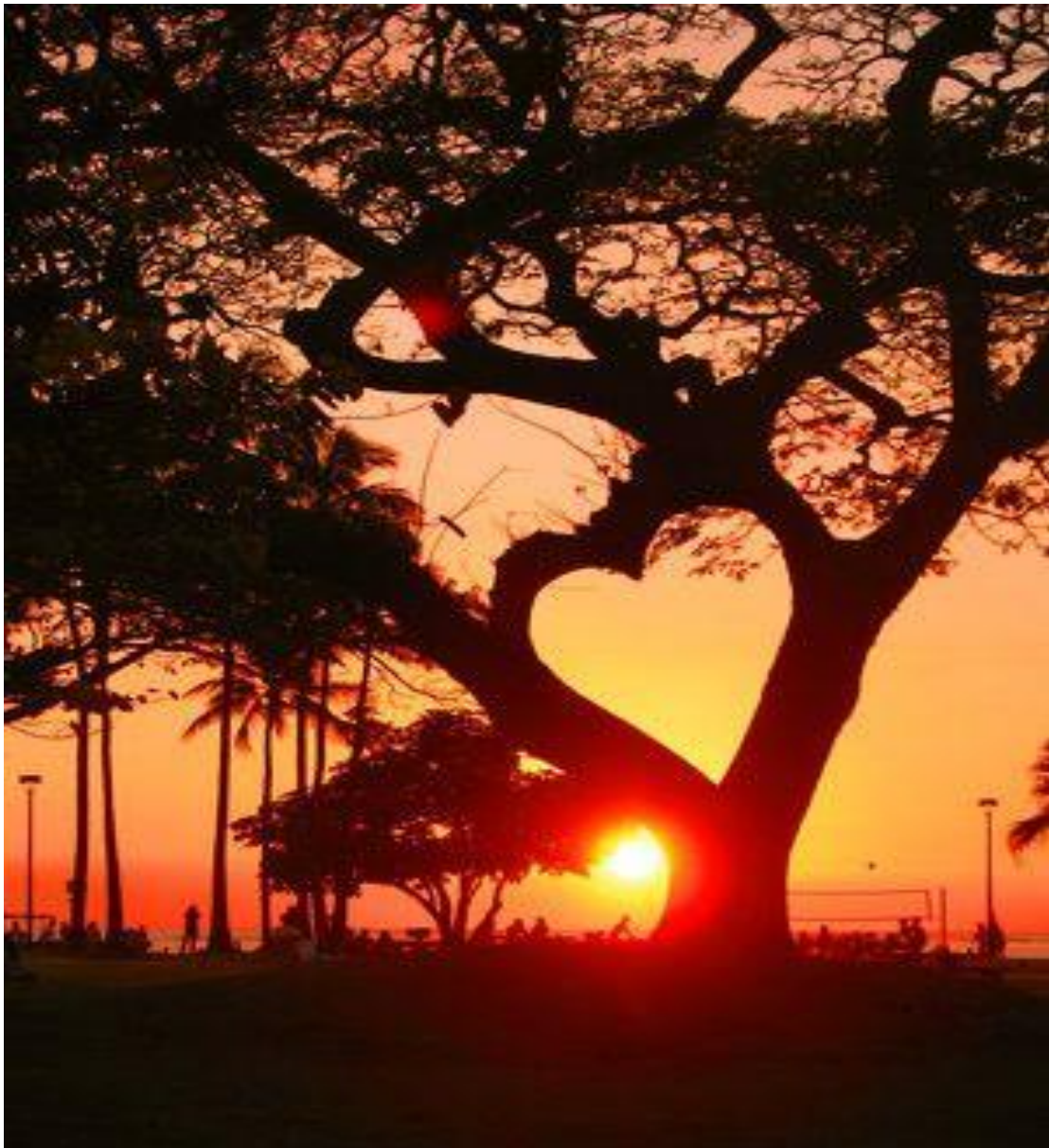
**Remember your Feelings of your greatest Highs
As your window to your soul to help you realize
Who you Really are through subtle disguise.**



**Who we really are is in Who we most wish to truly Be
And who our Heart wishes to express so naturally.**

**It wells up from the infinite depths of Our Heart
Shining the glory of each and every part.**

**Let's fall out our head back into our Heart
Where all our creation did initially start
Deep in the sacred space of Our Heart
Where All existence connects in every part.**

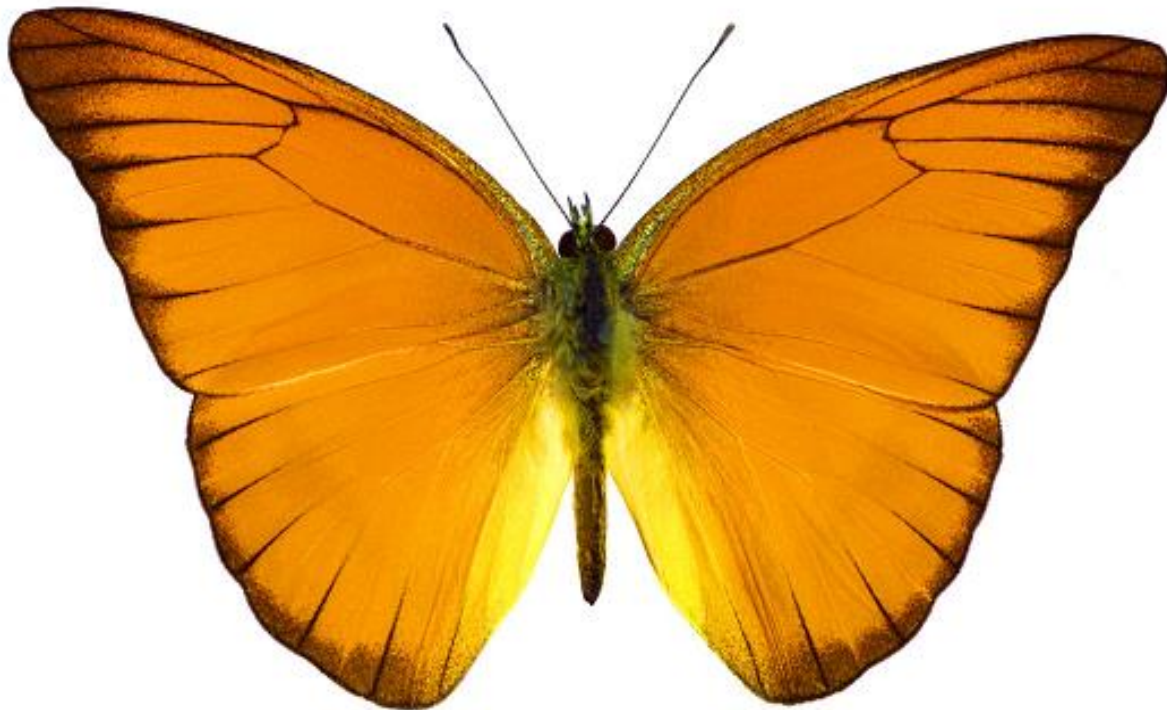






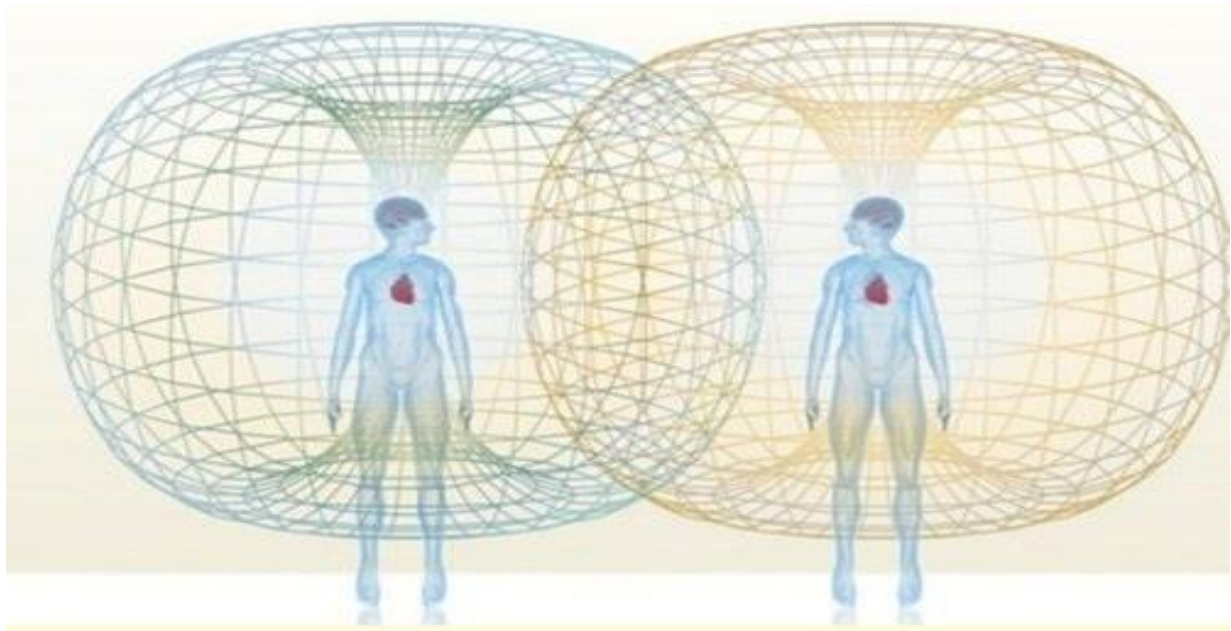
**Our feeling Heart (((♥))) is our key
That opens the door of our whole “me”
To really and truly feel and See
Into the infinite universal oneness
Of Our One infinite We
Within our own individual Me.**

**As the butterfly must pass through the caterpillar to see
It holds the all within its evolutionary journey to be.
Each part and each phase all go into our own “me”
That we each choose to adventure so free.**



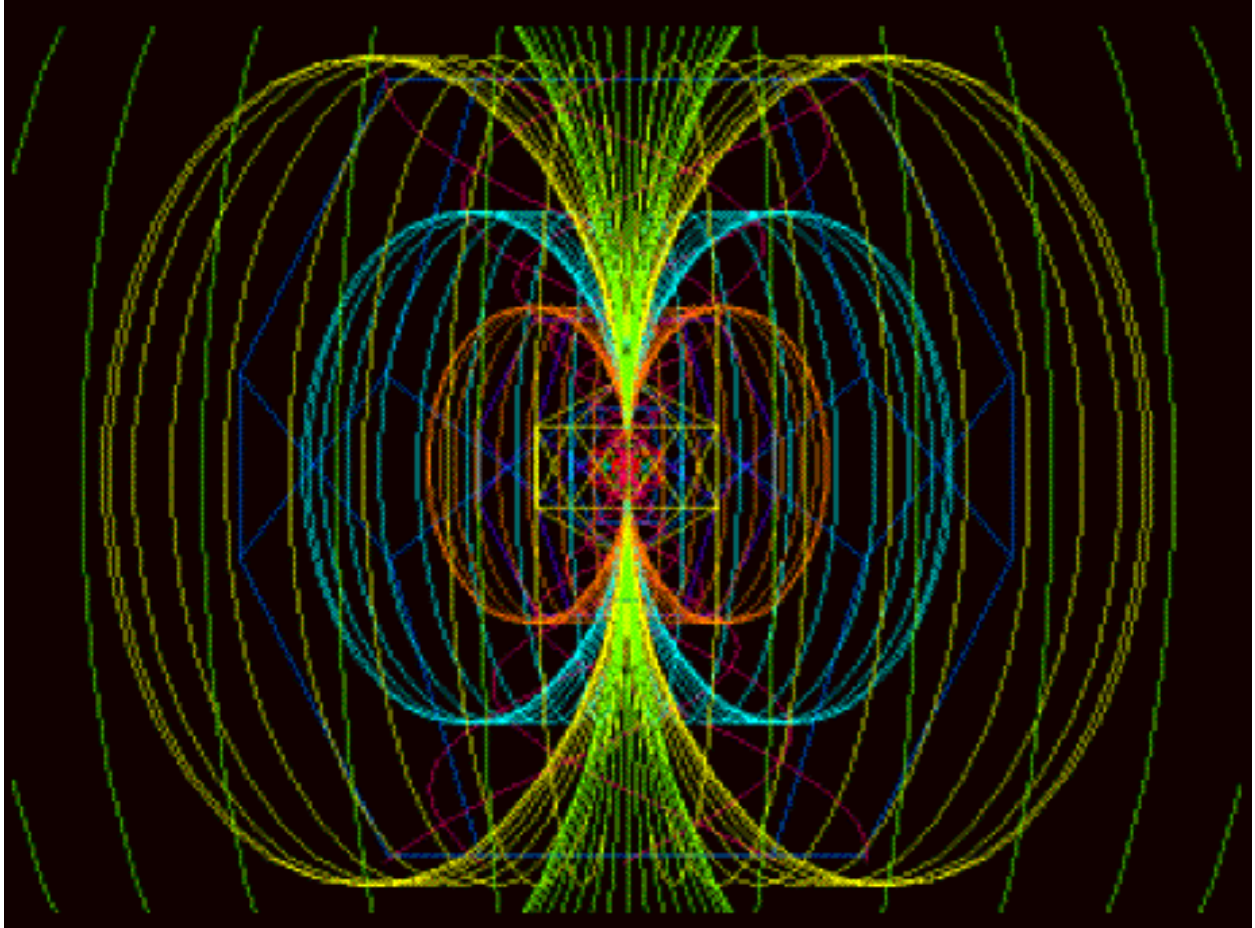
**Remember the caterpillar life appearing to end
Is becoming a butterfly of new life from within.
It braves through the cocoon of fear without
To shine the love to the world all about.**

**It's all about Love - It's all about Peace.
It's all about the infinite love that will never cease.**



**Love is our Light that shines up our day
To guide us from within and show us the way.
It calls us out from our cocoon to play.
Love really isn't in our heart to stay
But fully blooms when we shine it away.
It calls us forth to come out and see
All the wonders of life that it means to be free.**

**There are no limits to how high we can fly
As we release it all to soar in the sky.**



**What an awesome resonating feeling view
That feels to go through me connecting all of you.
Like waves of love dancing all over me
It really feels to be all we are truly meant to be.**

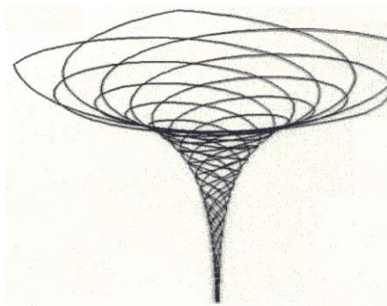


**As I bask in this infinite light
It all comes so fully into sight
And I truly feel in my heart what I see
That we really are all one "WE Within Me".**

**Fully being me in the all that I now see
Includes being all of you too
Felt in my heart to be true.**



**What is true Love within you
That I feel and see within me
Is that as I do unto you
I actually do unto the you
Of the "WE Within Me".**



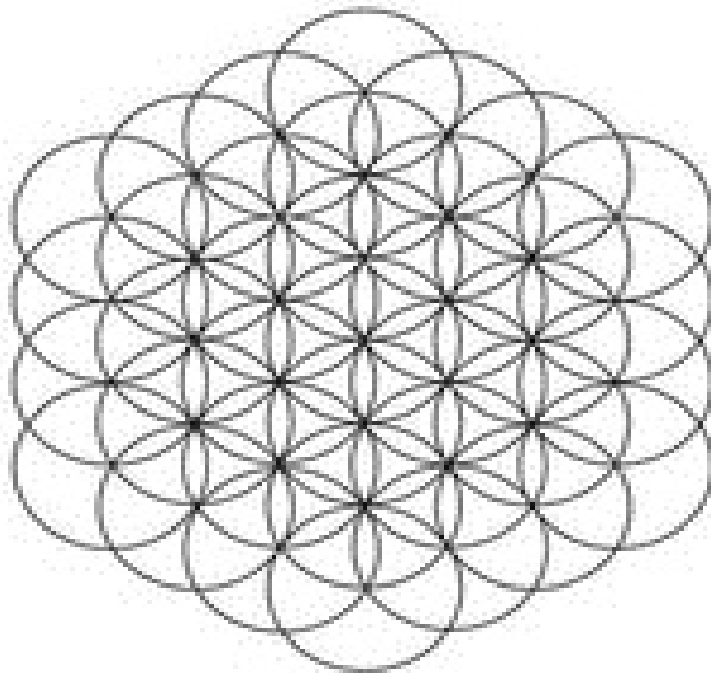
**FORGIVENESS is the key
To unlock our true “me”.**

**So let's Forgive them all
For they know not what they do
Because they are us too from a wider view.**





**This ONEness of the Heart
Reflects back through every part
That we each see within each other
As more than a sister and brother.**



Flower of Life



**It's consciously learning to accept, embrace
And love all of the "We Within Me"
Choosing more clearly
To define what we most wish to be
And focusing all our attention
On what We wish most to see
In the sacred space of our Heart
Where all is infinitely free.**



**There it's all perfectly OK - we can't go wrong
As we dance this eternal infinite song.
I share this with myself, as I share it with you
As I am you too from another view.**





Deep within I feel it ring true

That the [“WE Within Me”](#)

That I outwardly see

Is also the We Within You

From another point of view.

In one sense ...

It's about experiencing another point of view

From another point of you

In the all that you are as well too.





**This I see so plain to BE
That in one sense you're another me.
It's not with eyes alone I see;
It's through the Heart of Infinite Eternity.
Deep Within so individually
My Heart can truly Feel and See
That We are All One infinite... "WE Within Me".**



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***If 3D where Not really true
There wouldn't be a me and you
From our own individual point of view;
But the "WE Within Me" that is also in You
Would Be all there is that We know to be true.***







**Deep within every Heart we all know it's true
That the same "[WE Within Me](#)" also lives within you
Even if it is experienced from a different point of view.
We are one infinite whole
Perceived in many fractal parts
Experiencing Life through the lens of many Hearts.**



**The true beauty of life
Is in the eye of the beholder.
When we turn it around and look behind the curtain
We find we're the true molder
Whose belief makes it certain.**

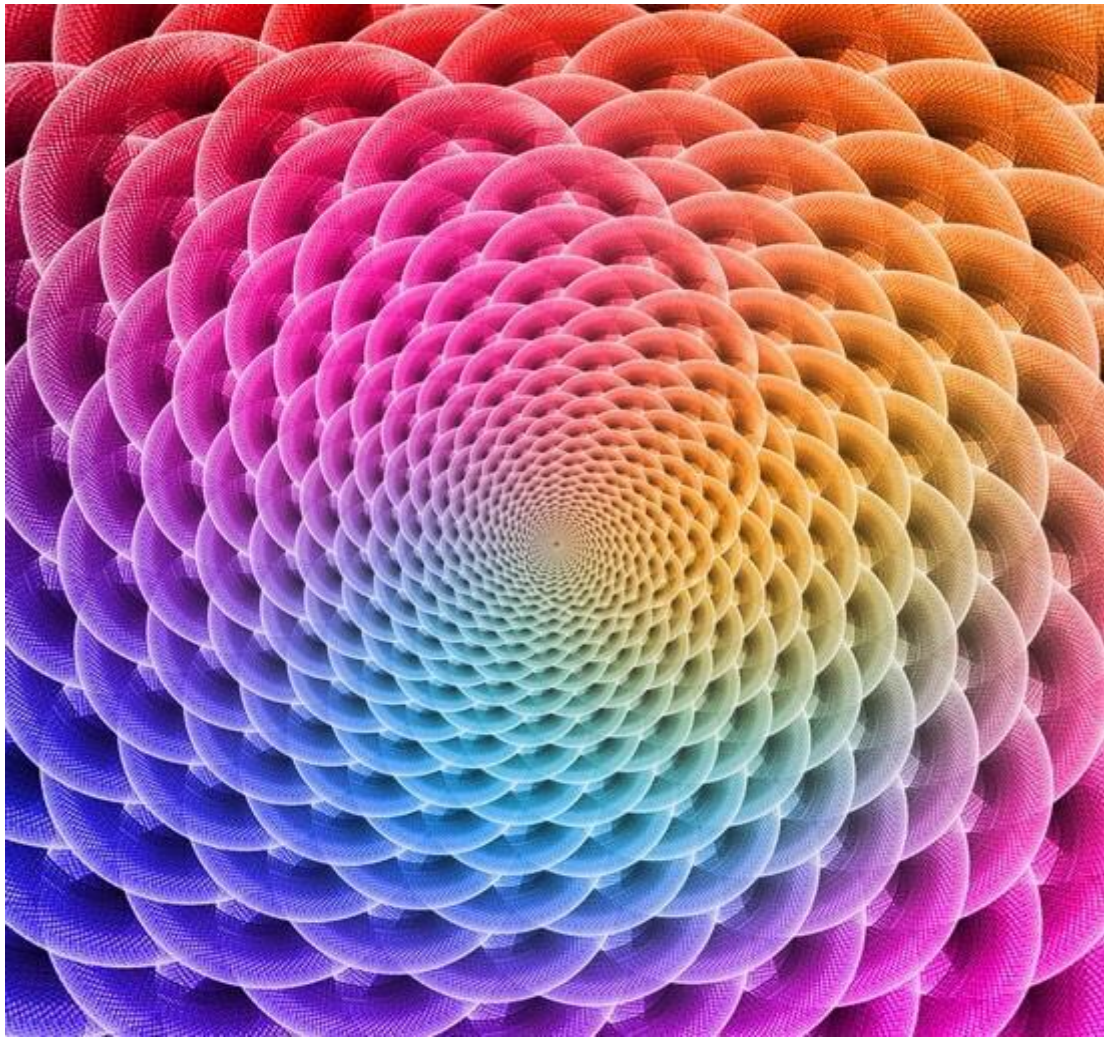




**Then when I open my eyes to really see
The most awesome beauty in thee
I see the real beauty that is also in me
Shining out onto you
Who is also me too
From an entirely different point of view.**

**And in so doing I set my version of us free
To really and truly uniquely be
The one “WE Within Me” that is also in you
That in me is to be what I most know to be true.**





**The true magic of the Golden Rule
Lives in the Heart of me and you
To love one another
As we would love to be loved anew
Because when we get right down to it
We are all different expressions of the same One too
From Our Own individual point of view.**

**We are all one Infinite WE
Within our own individual Me.
Yet we have one another
To truly be able to see
What we came here to live out
And re-member to BE
In this YOUNiversity of Earth
Where we learn again to be FREE
In dreaming up and recreating anew
Our own “[WE Within Me](#)”
And then to simply choose
To step back into and BE
Through this ride of Life
We’ve chosen to come experientially!**

**So who then are We, if not to BE
Our Greatest We that We can Be
Expressing Through our Only Me?**

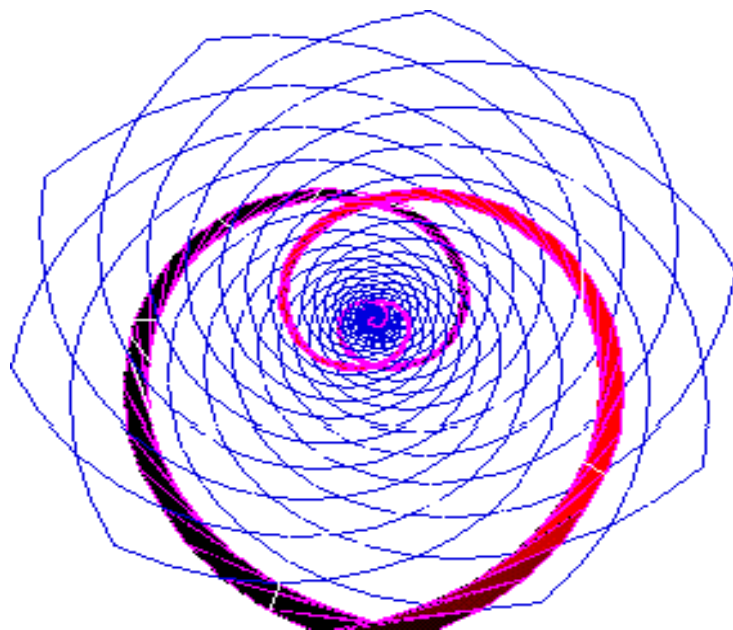




**Hear my Heart and hear my soul
That together forever we are all whole.**

**It's not just in doing something abstract and new
Or even just remembering all we know to be true
But in the true BEing of what is really you
Which includes me too from another view
That deep in your Heart you know to be true.**

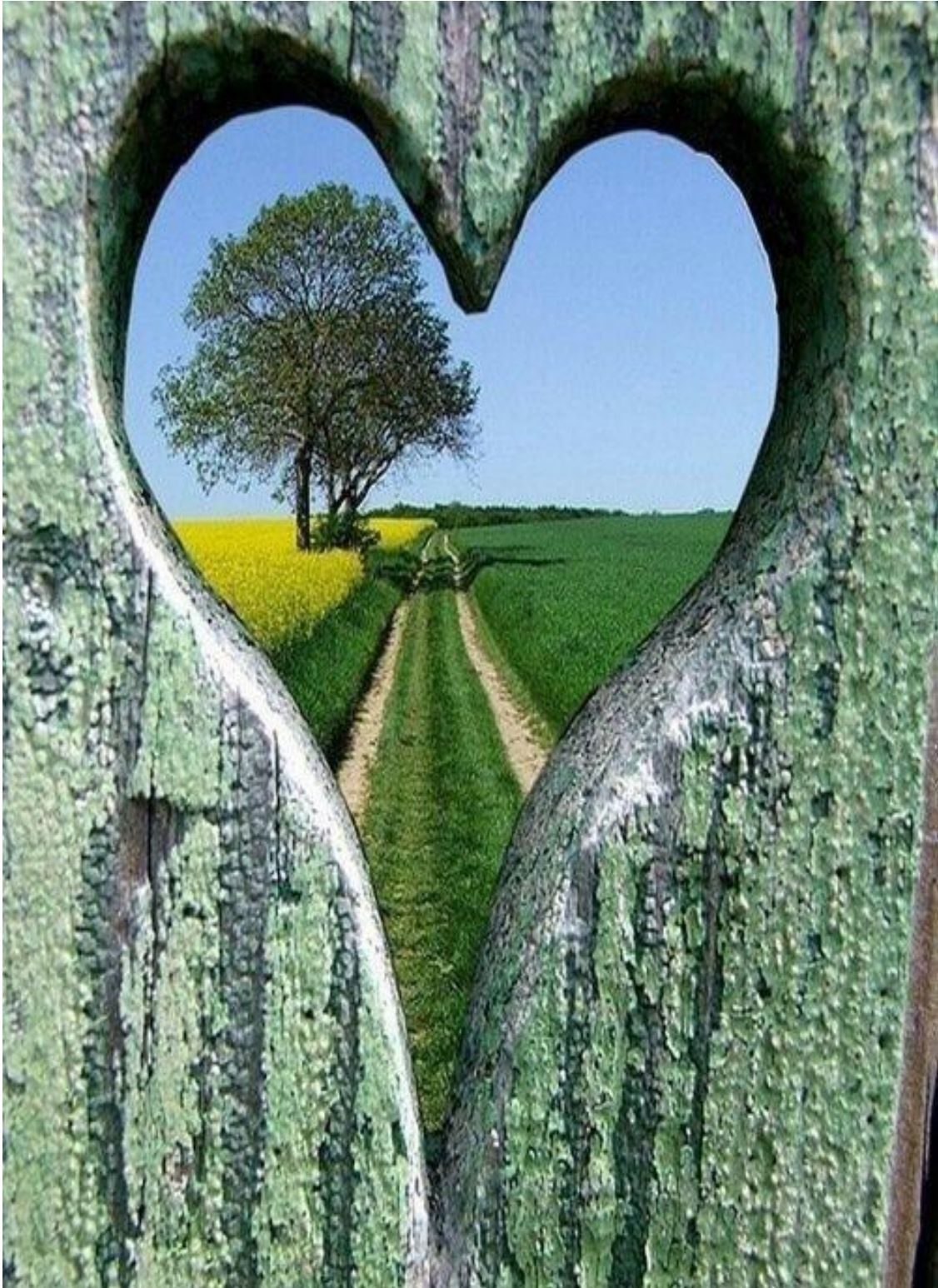


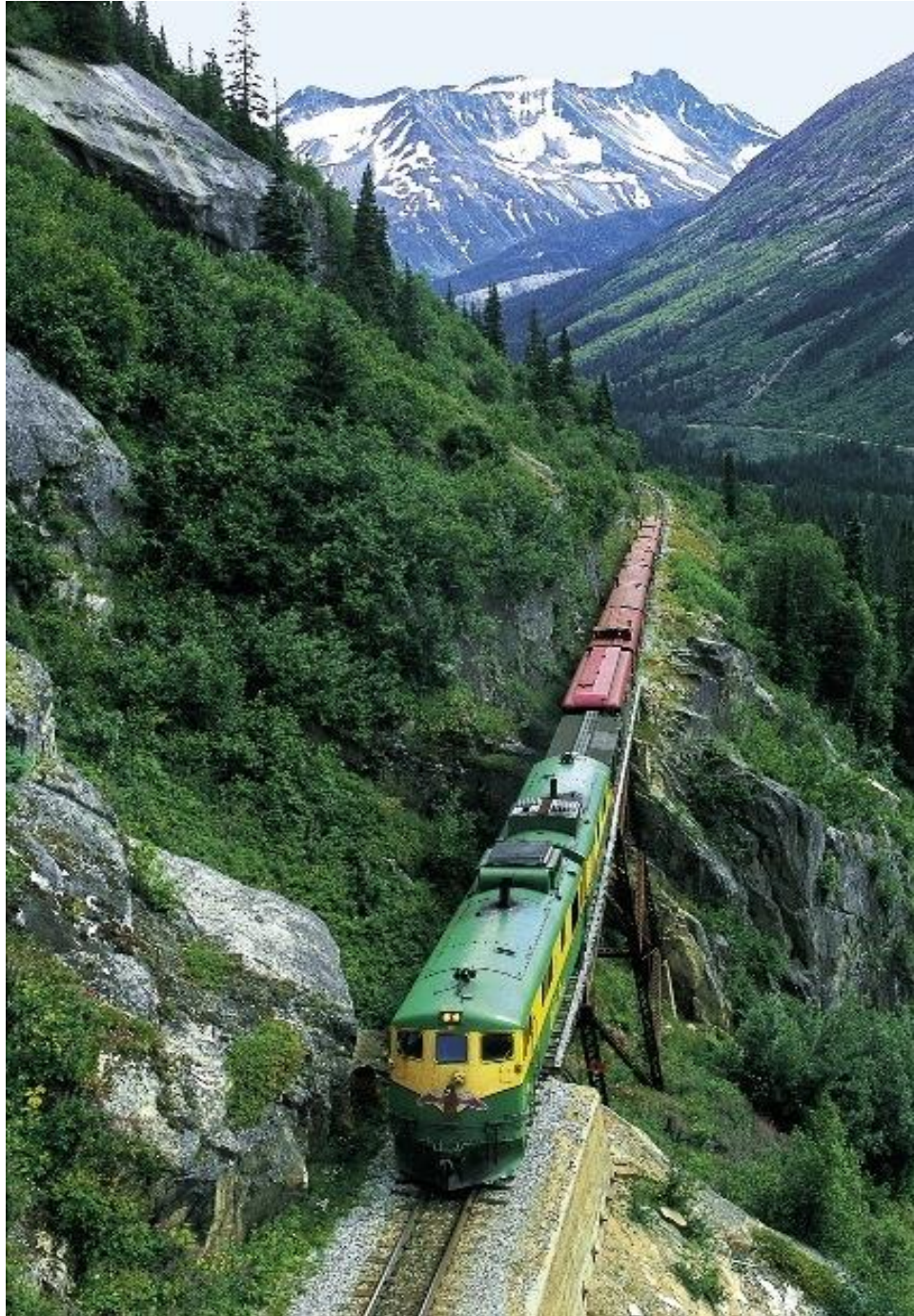


**Thank you from the bottom of my heart
For just simply being you
Which helps show me more of myself too
From another expanded point of view.**

**I remember each day from a new aspect so true
That As I see the beauty in you
I can see the beauty's deep within me too.**

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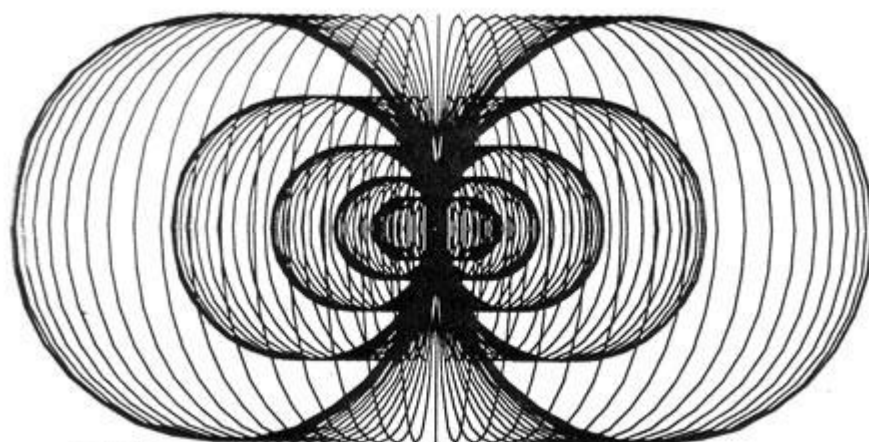


**Life is a journey of learning anew
This ever growing truth of being also you
From another point of view.**



**It's time Now to reach for the star
That we each within really and truly are.
It's time Now to Be the Change that we have longed for
And to Live out the most absolute amazing encore.**





**Follow your Bliss
Wherever you wish
In your Heart's sacred space
Where there's only pure grace.**

**Just wish right now
Your most awesome wow
And go with it's flow
Wherever it goes.**

**Let's reach right Now for that awesome star
That we each within really and truly are.**

**Dream your highest dream so true.
Dream up your most awesome you
And it will guide you in what next to do
As it is you too from a higher view -
The true angel you are deep inside of you.**



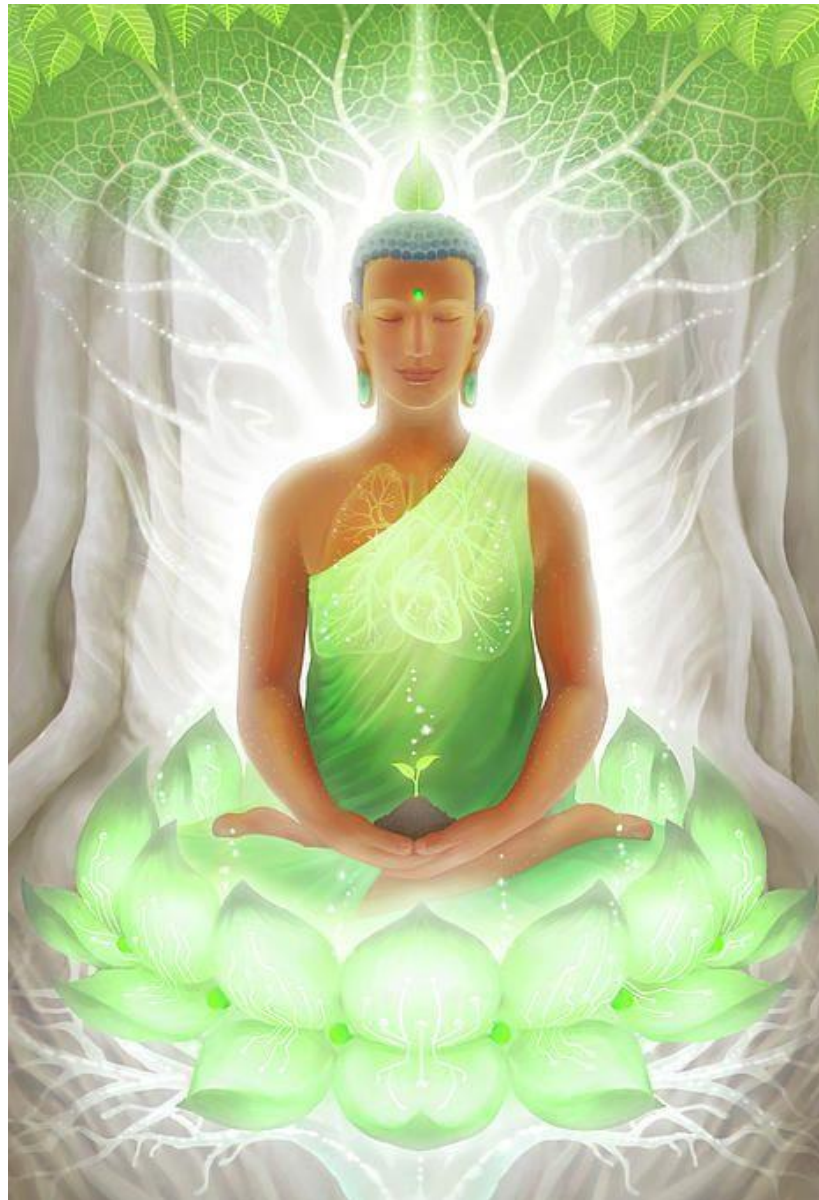
**The dream sees out far
As to wish upon a star
But that star is within each of you
Awaiting on you to re-discover
What is really True
Of the goldmine deep within you.**

**As we wish upon our deepest Heart star
Our dream comes forth from who we really are.**



**Surround yourself in the Answer
And envelop yourself in pure desire
And you shall receive it from your Heart's sacred fire.**





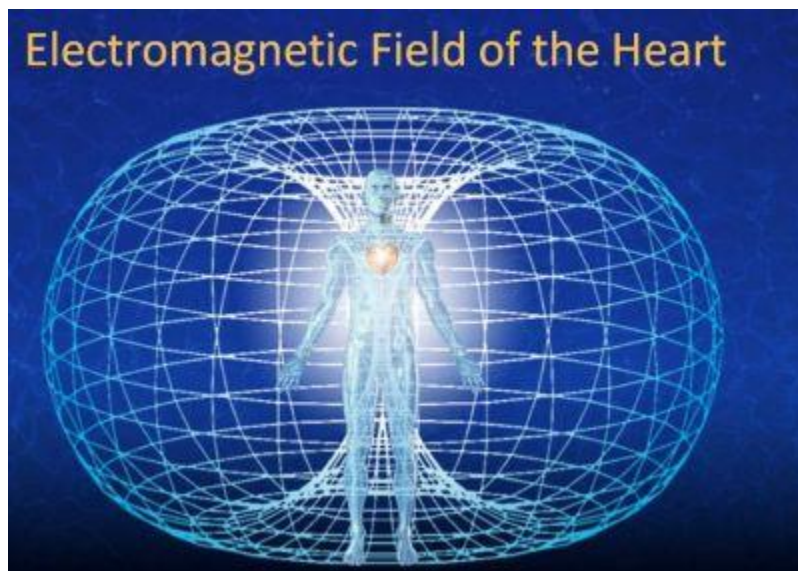
**In my deepest sacred space of my Heart
It is my deepest life prayer in every part
That unconditional love shine in your heart
And like a hot air balloon lift you high
To soar like an eagle and touch the sky.**

**It's time to set free
The solution in me
That the way to be free
Is to treat all others
As an extension of me.**



**So if I mess up and hurt you
I'm really hurting my own self too
From an entirely different point of view.**

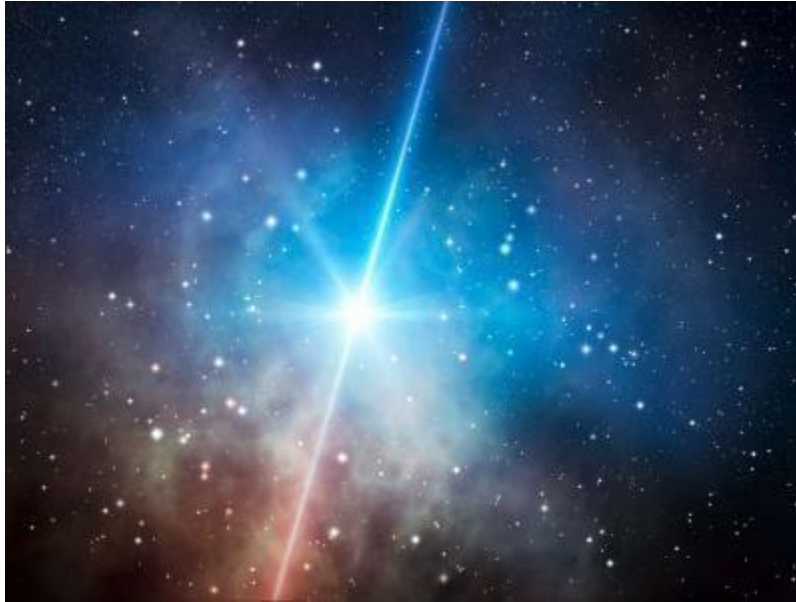
**The time is Now to Forgive All
For they know not what they do.
As they are also me and you
From another point of view;
And so forgiving them all
Forgives our own selves too.**



**The time is Now for the butterfly of our soul
To fly absolutely Free and Be completely Whole.**

**The time is always Now
To really feel the pow
Through such amazing wow
Of this eternal big bang
That all existence has forever sang.**





**It pulses each new bang
Uniting yin and yang
In the deepest part
Of each and every Heart
And ripples out to all creation
In total subconscious syncrination.**

**It's completely inside out
That flows from the Heart all about.**



**Don't ever Forget the Magic of Make Believe
And its true power to create and conceive
Out of this box we've created and believed
To be within it instead of it inside perceived.
And so we dance and spin
This fairy tale Life within
To spin it all around and without
And magically dance within this dream all about.**

**We each get to choose to be free
To be true to our own heartfelt “me”
In being the artist who is also the art
Created by our self of the all as just a part
All inside our own YOUiversal me
Where we conceive
Our own "[WE Within Me](#)"
And project its perceptions outward to see
On all the other expressions of our One whole We.**

**Who then are We, if not to BE
Our Greatest We that We can Be
Expressing Through our Only Me?**





**Breathe Life into the Dream of your deepest Heart
And with this light breathe a fresh new start.
Dream All your Heart wishes most to be true
In that purest sacred space
Where to be is to do.**

**Breathe Life into your dream
As if Being the ultimate you.**

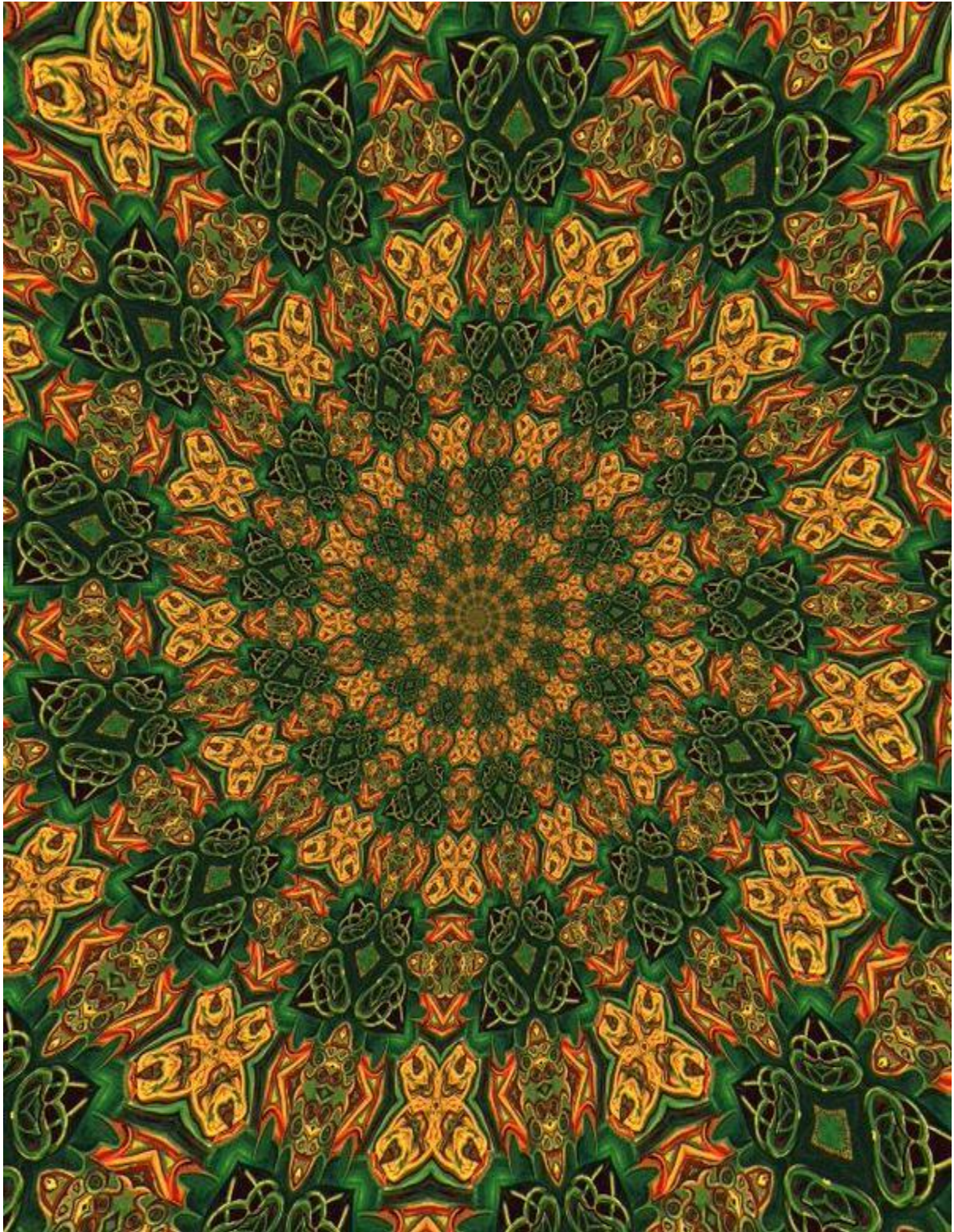


**When I open my Heart to really see
The most awesome beauty in thee
I see the real beauty that is also in me
Shinning onto you
What is in me too.**



**For in so doing
I truly do set free
Those highest wishes
I most wish to be.
Through seeing in you
My truest heartfelt “me”
I breathe life into my highest dreams to see
Which is who I really AM and have come here to be.**





**It truly is magic in the highest degree
This love from our heart of our "[WE Within Me](#)".
It connects us all in every way
Inviting us to join in Our Deepest Heart Yay.**

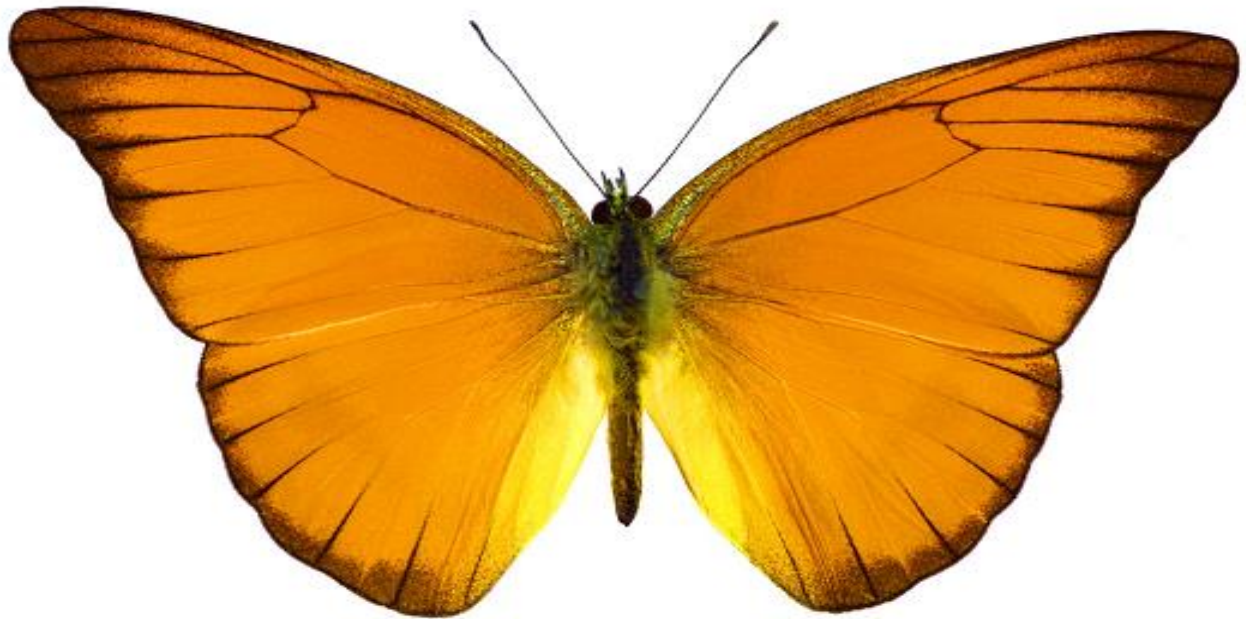




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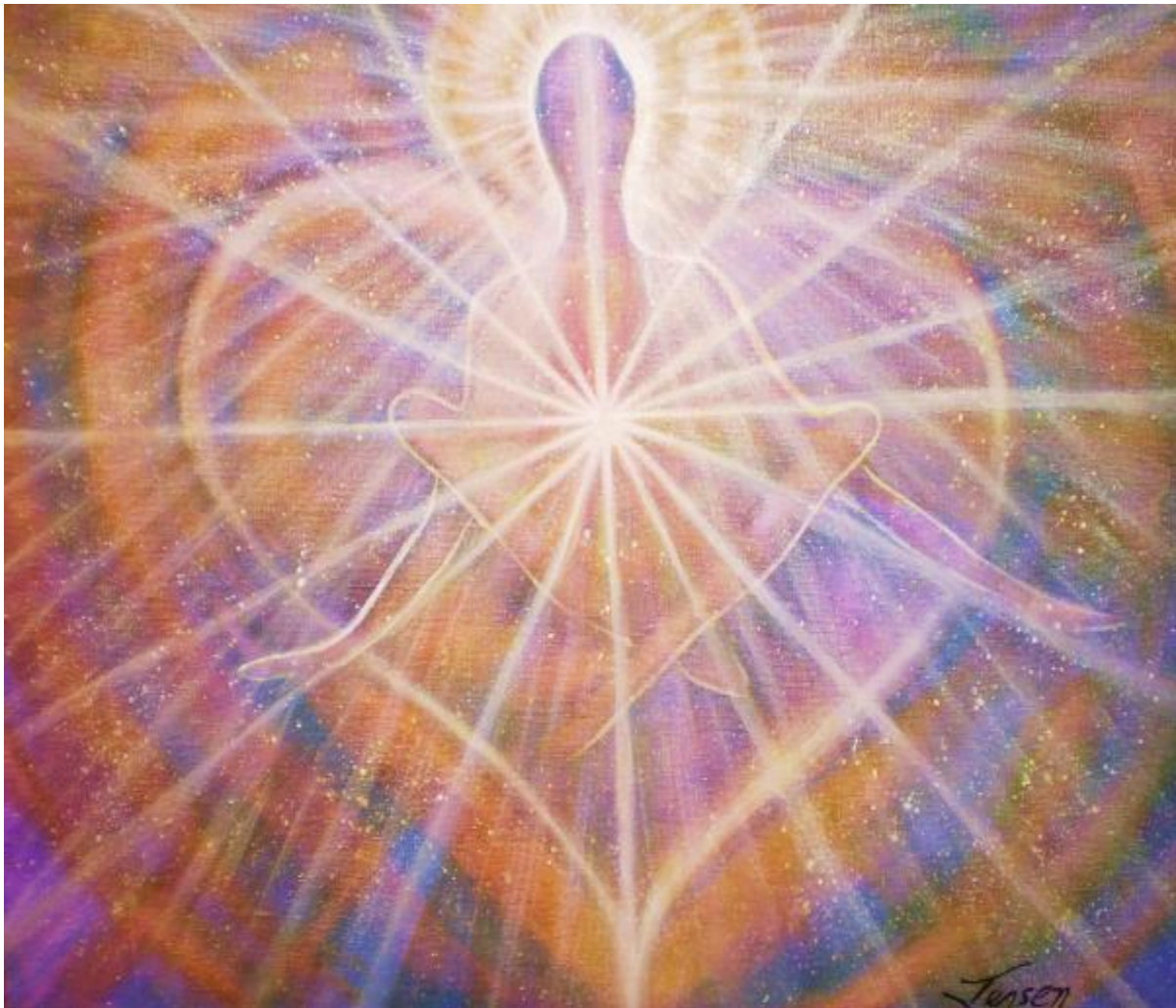


**We're one “We Within Me”
From our own point of view
As the same “WE Within Me”
Also lives within you.**



**Take my hand Now and fly with me
To Light Our Universe in Harmony.
Our Rainbow Bridge of Love within
Connects us all back together again.
Like fractal parts holding within the all
Our Love and Light speak forth the call
To rise above the stars so bright
And glimpse within our starry light
Of the infinite depths of Love in our Heart
That connects the all to each and every part.**

**This is the true magic of the Golden Rule
That All Lives within the Heart of me and you
To love one another as we'd love to be loved anew
Because when we get right down to it
We are all different expressions of the same one too.**



**Deep within every Heart we all know it's true
That the same "[WE Within Me](#)" also lives within you
Even if it is experienced from a different point of view.**



This is the one “[WE Within Me](#)”
That deep in my heart feels to truly be.



© [Galactic Mantra](#) is a creative artistic duo inspired by nature, life, spirituality, sacred geometry, crop circles, ancient symbols and love. Our goal is to spread the message of unity, peace, love and higher consciousness one creation at a time. We also want to make our customers happy by creating designs that make you feel good about yourself and help you express your unique individuality.



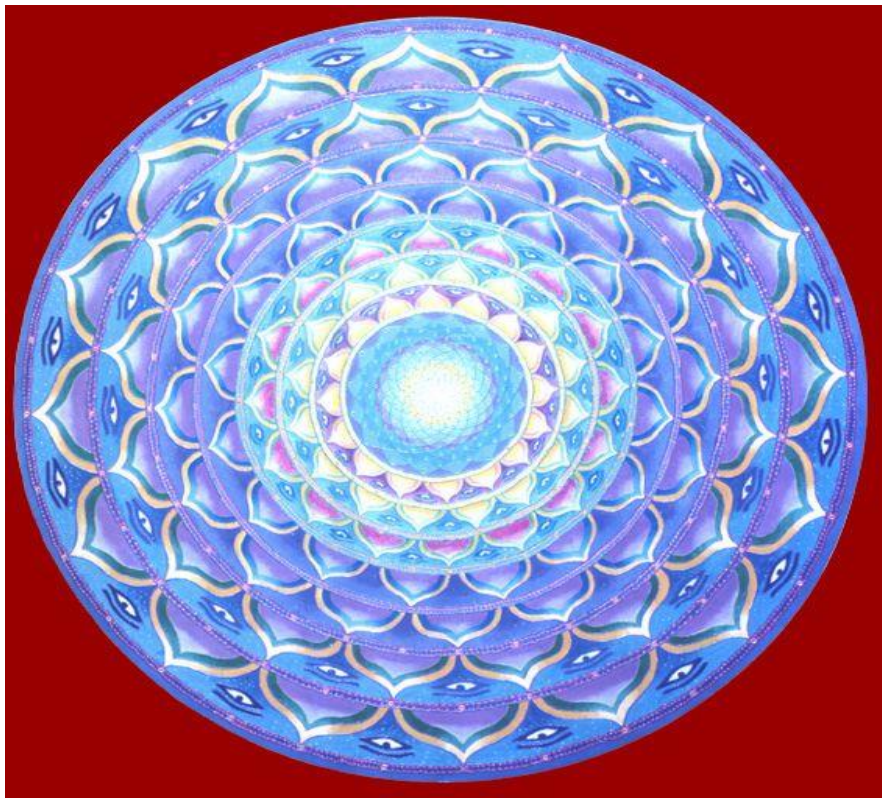
**When you choose
to see the
GOOD
IN OTHERS
You end up finding the
GOOD
IN YOURSELF**

**If we truly focus our attention
Upon the sacred space of our Heart
We Can feel the WE Within Me in each and every part.
For deep within our heart we all know it's true
That there lives the infinite all, including me and you.**

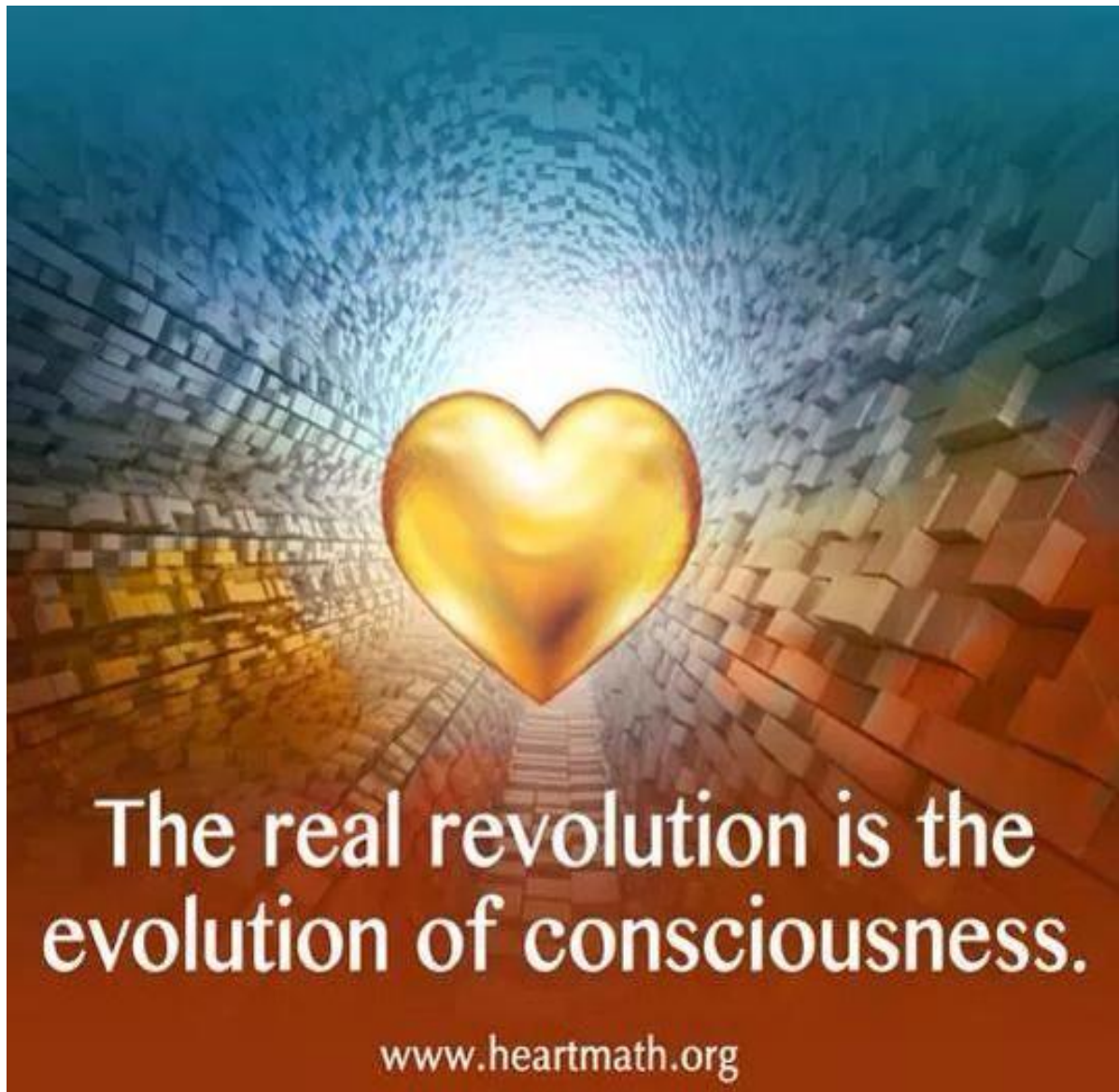


**It can be called our One “WE Within Me”
From our own point of view.**

**As we wish upon this star so true
The dream comes forth from inside of you
And expresses itself most true
In the center of the Heart of me and you
Where I Am also you, as you are me too
From even sometimes an opposite view.**



**Let's Breathe the light of these words deep within
And it's light shall shine deeper and deeper again.**



HeartMath.org

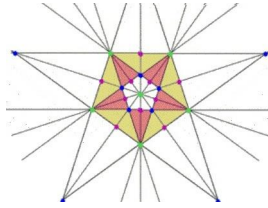
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**Let's Breathe more air
Into the sacred space of our Heart
As it is there where it all truly starts.**



**Let's fall out of our head back into our Heart
Where all creation did initially start
Deep in the sacred space of Our Heart
Where All existence connects in every part.**



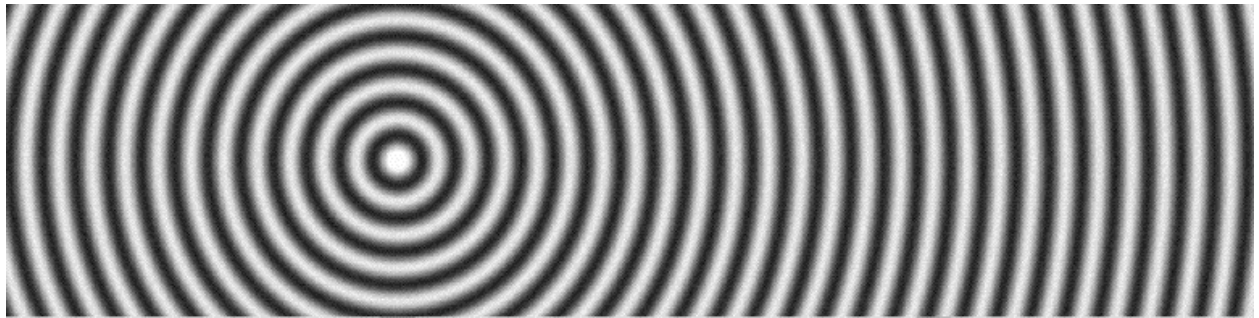
**As we wish upon Our deepest Heart star
The dream comes forth from who we really are.**



**So Dream with me this dream anew
That explodes within this Love so true.**



**Our Love and Light (((shine))) to all the earth
And all the universe's renewal is Now taking birth.**



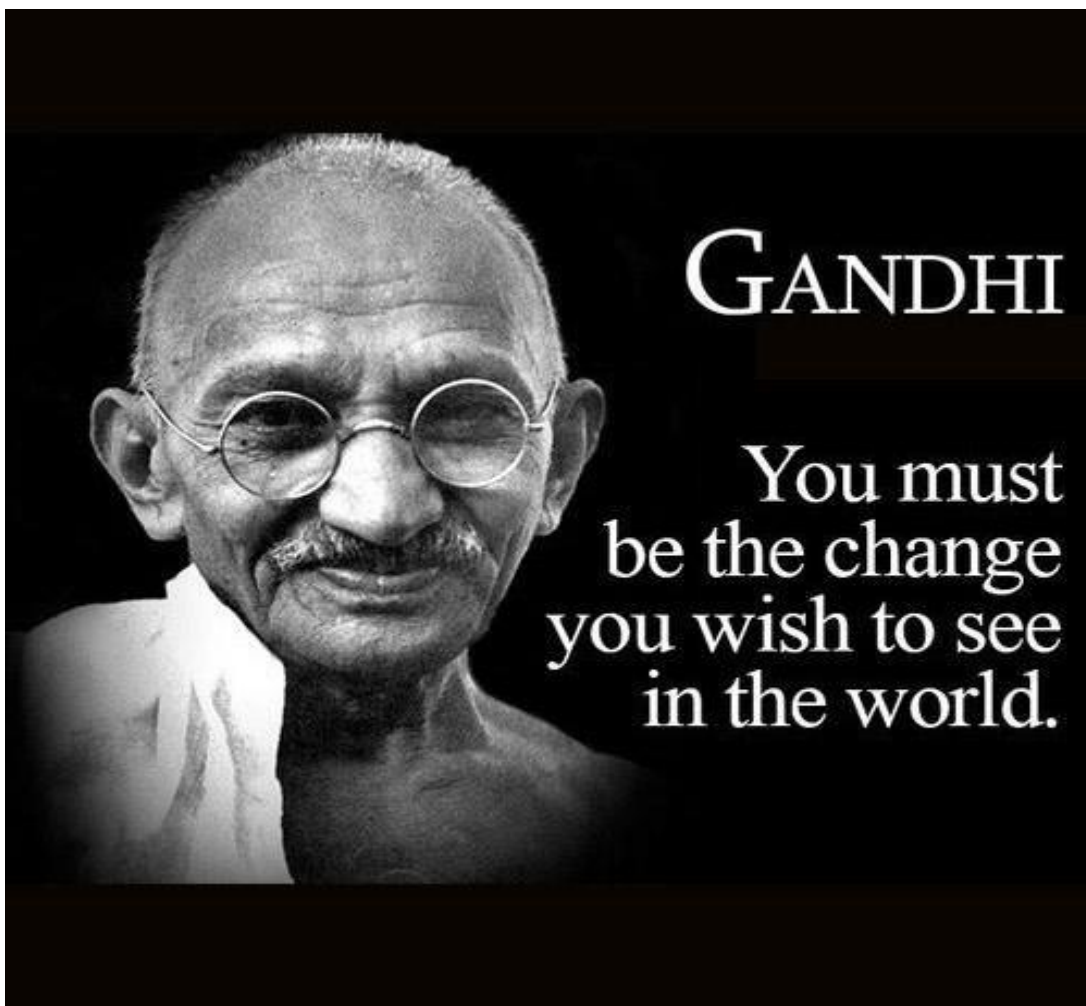
**Everyone is NOW reaching a higher state of knowing
That We All NOW Be our true selves glowing.**

**Our heartfelt tears of joy are NOW falling like rain
Upon this universe wherever there's pain
Filling their Hearts with Love and Light
And lifting them up to their dreams delight.**

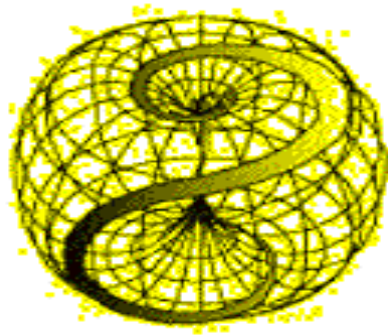


**Our Love and Peace
Shall never cease
From this day forth
For evermore.**

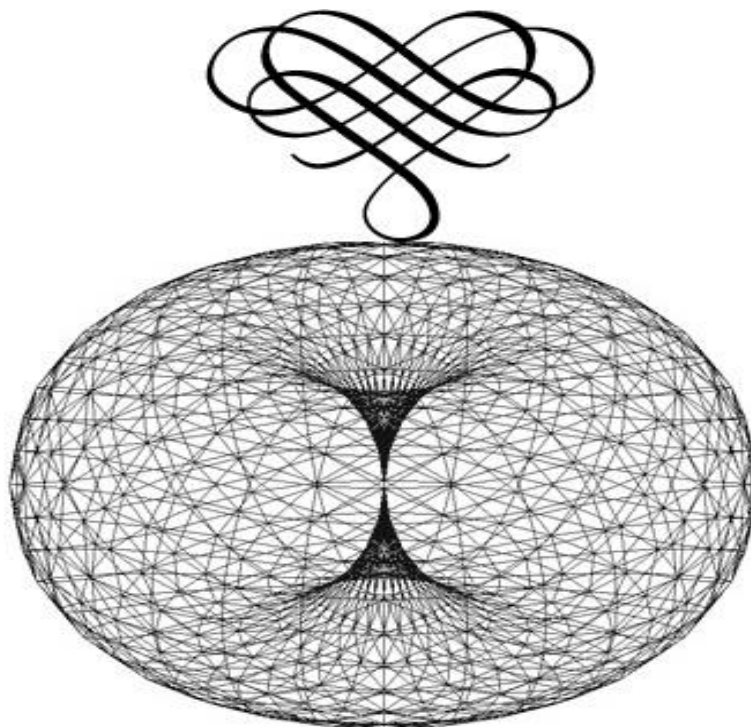
**So this shall be
Our true destiny
Of infinite eternal Love
Light and Harmony.**







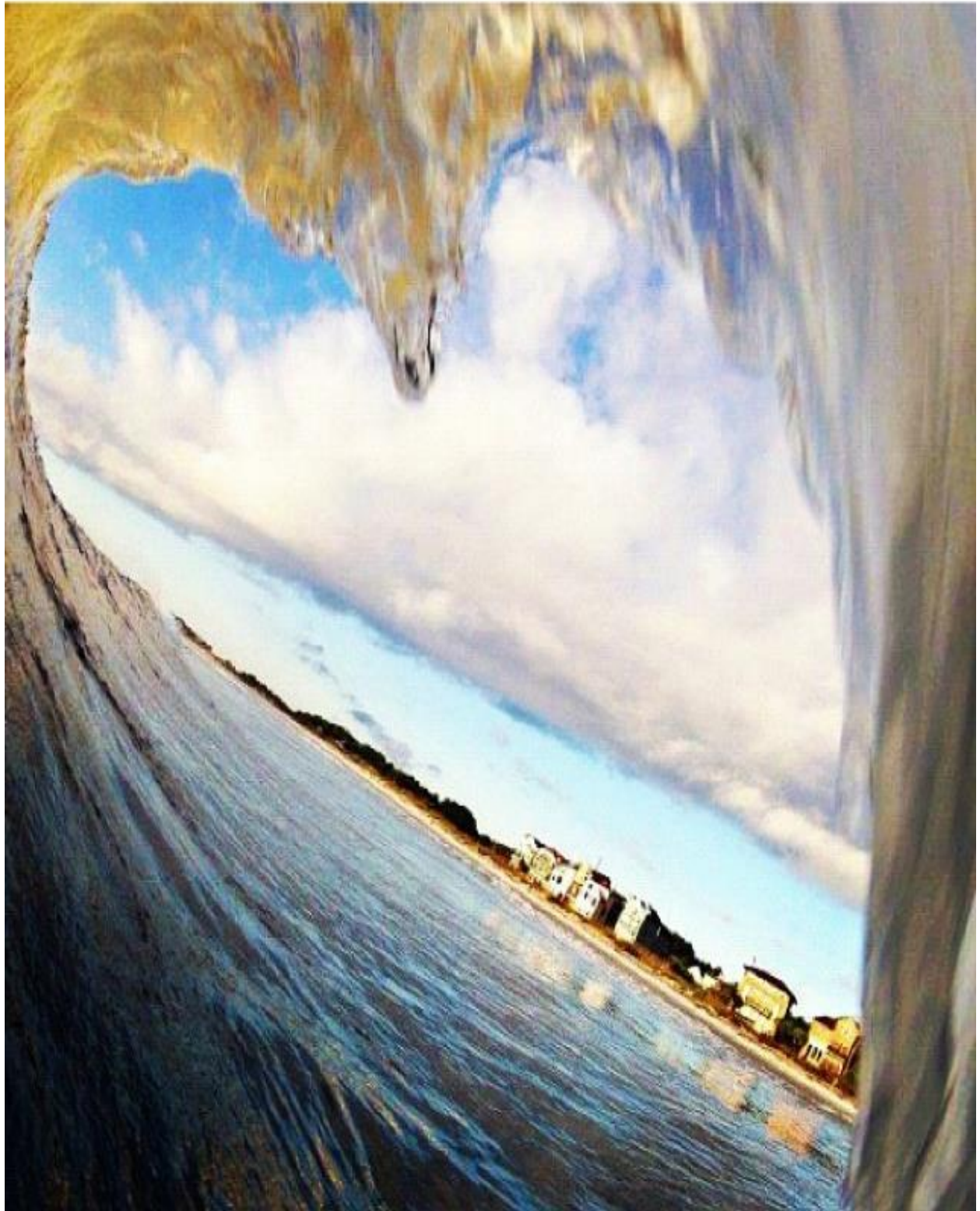
We are All One "We within Me"
From our own point of view
As the same "WE Within Me"
Also lives within you.



**So Allow your caterpillar to be a butterfly
And you will discover the reasons why.**

**Then from high above you shall see
That it's less about understanding
Than simply choosing to be
Our one true we within our individual me
That we most wish in our heart to be.**







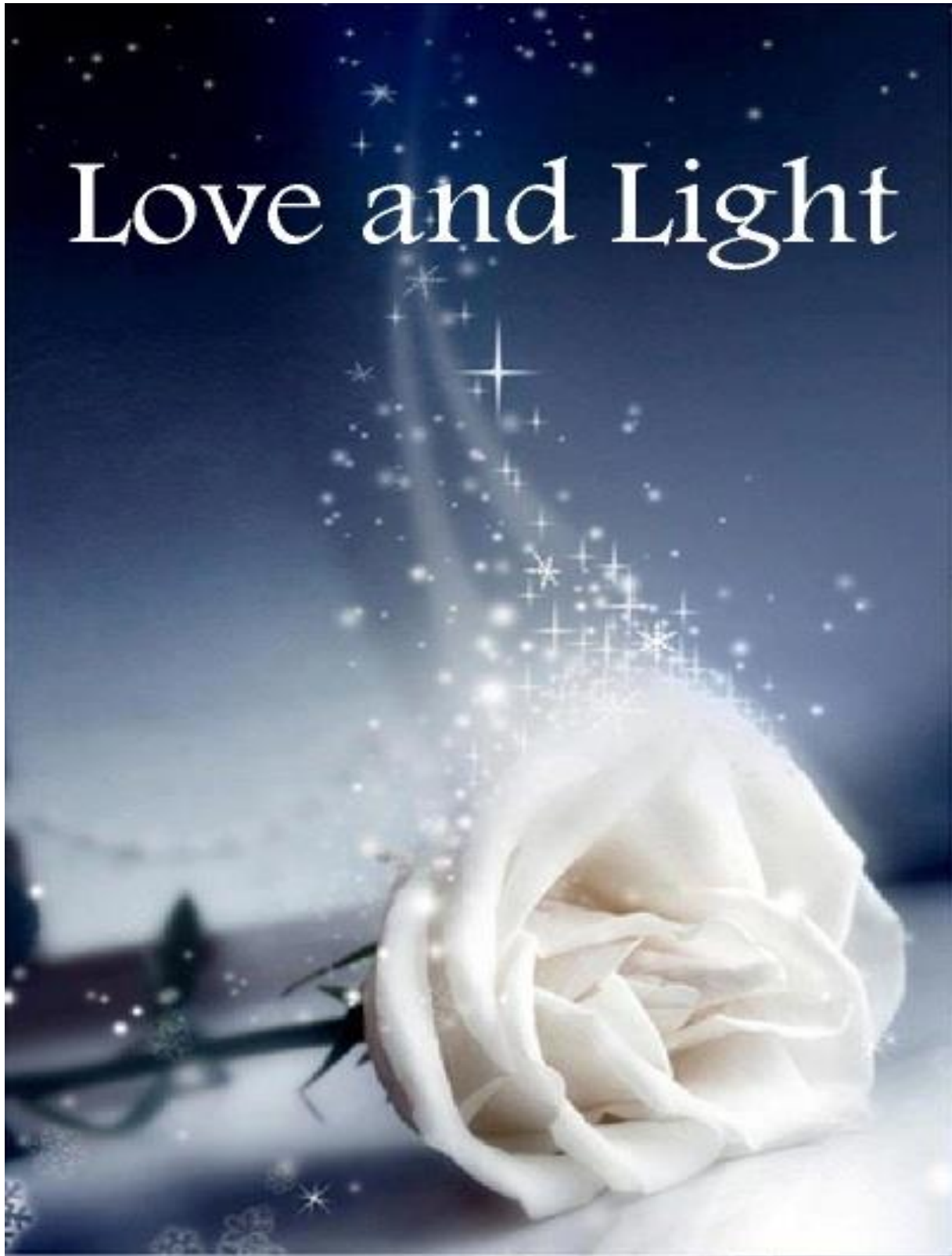
**The “WE Within Me” that stretches infinitely far
Is the same We Within You
That includes My point of view.**



True power doesn't
rest in your ego...
It lies in your
interconnectedness
with *all* things...



Love and Light





A miracle
is a shift in perception
from fear to love

Marianne Williamson

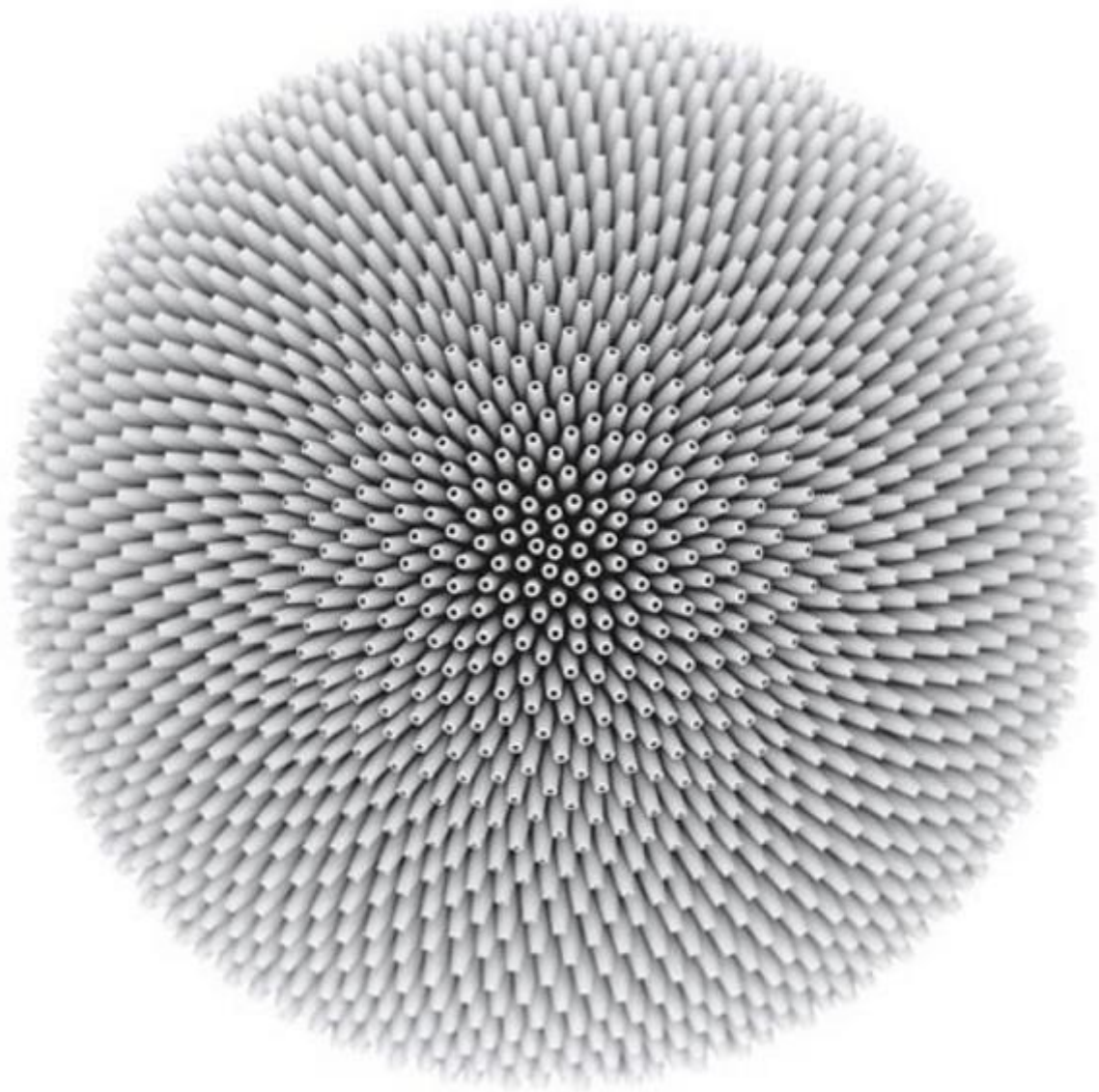
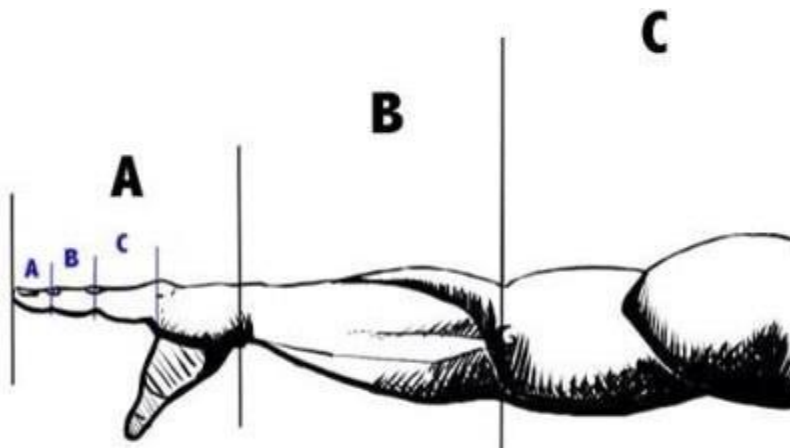


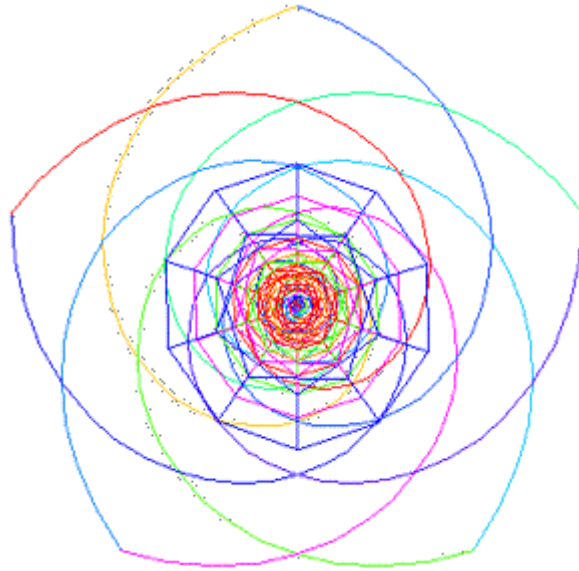
No act of kindness, no matter how small, is ever wasted.
Aesop

**The most useful asset
of a person is not a head
full of knowledge but
a heart full of love,
with ears open to listen,
and hands willing to help.**

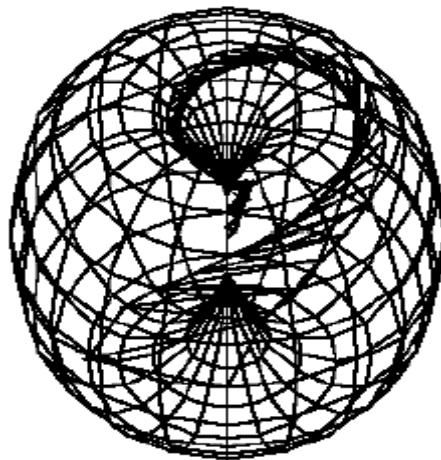


www.heartmath.org





**I'M YOU too
From another view.
YOU are also Me
To Enable me to See
This One Infinite WE
Within Our Own Individual Me
That We've each come here to BE
Our Own Expression so Free.**

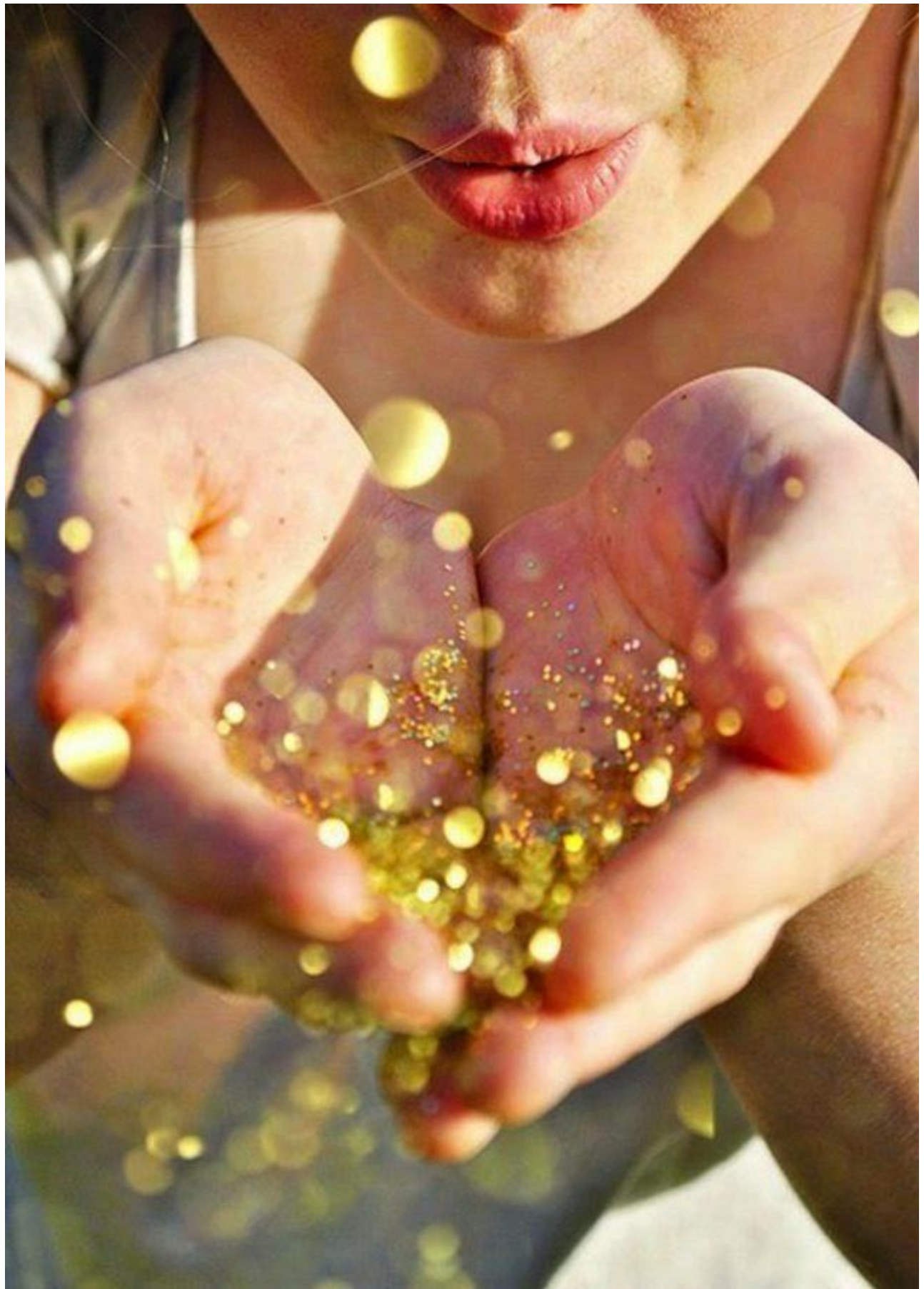


**Your life is this very special moment - embrace it.
Your divine right is to the joyfulness of the true
Prosperity in the full spirit of knowing who and
What you really and truly are.**

**May the Light of all Divine Truth and Love
Expand Throughout this planet and beyond in all
Dimensions to Fill, Bless and Free all Hearts and
Souls Of all Life to be their truest self.**

**All of the billions of you out there
Are me too expanded outwardly
everywhere.**

**As I am you too
From another point of view.**

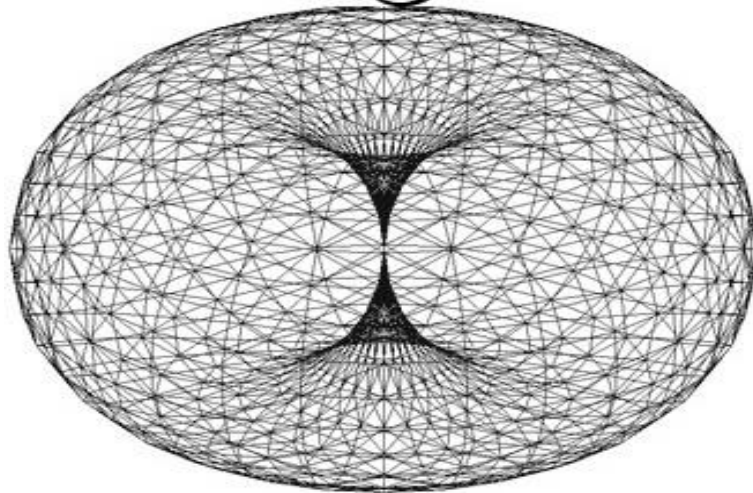
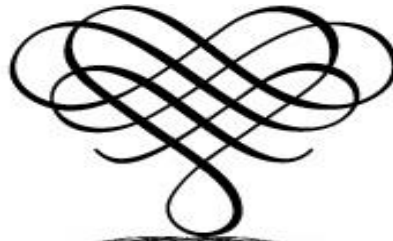
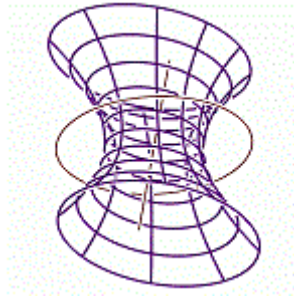








Circle of Life

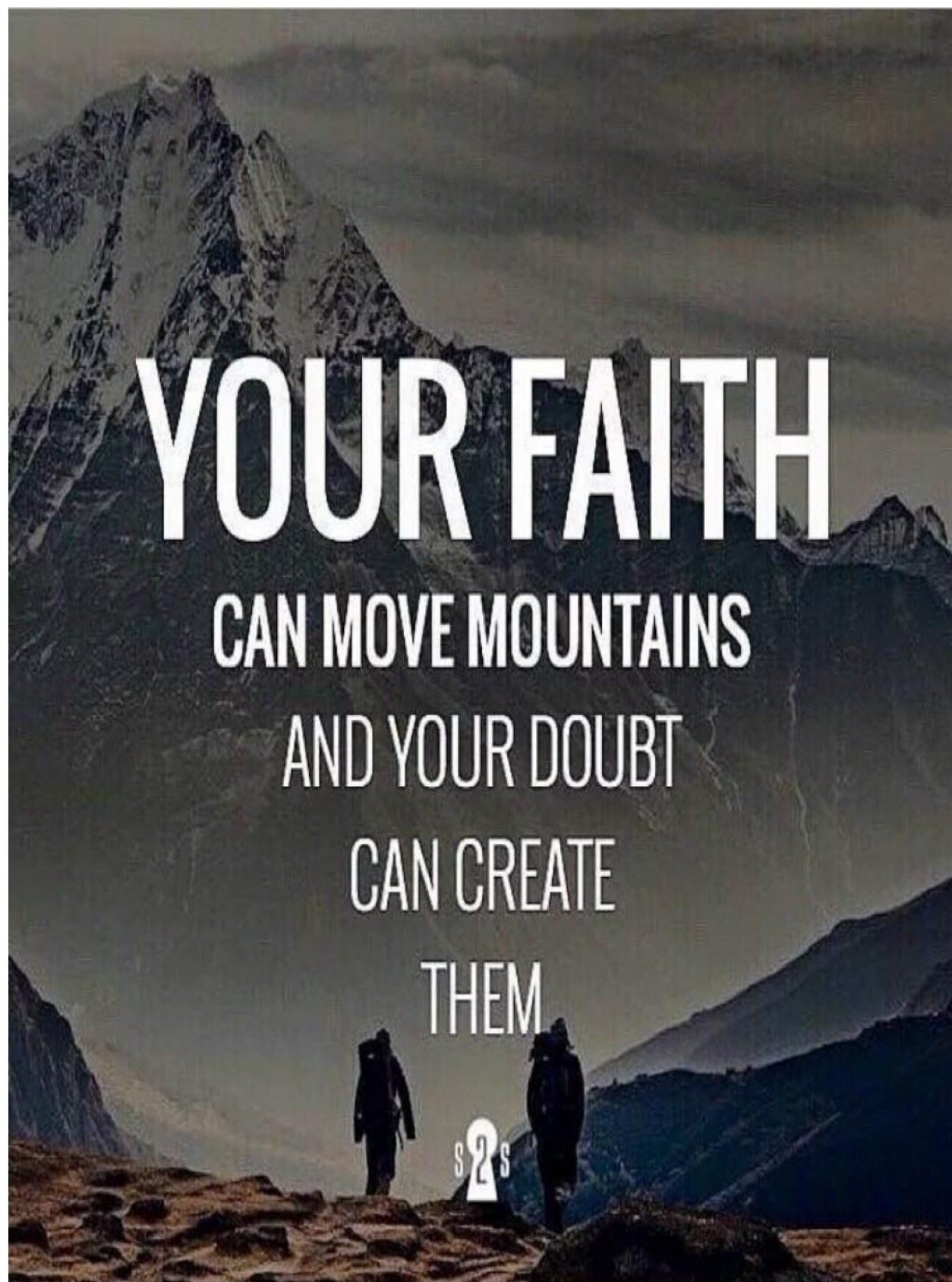


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愛 LOVE



Nature, feelings, emotion







**Your task is not to seek for love,
but merely to seek and find
all the barriers within yourself
that you have built against it.
~ Rumi**

Artwork by [Alex Grey](#)

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**Our Love and Light shine to all the earth
And all the universe's renewal is taking birth.
Everyone is reaching a higher state of knowing
That We All Be our true selves glowing.**

**Our heartfelt tears of joy fall like rain
Upon this universe wherever there's pain
To fill their Hearts with Love and Light
And lift them up to their dreams delight.**



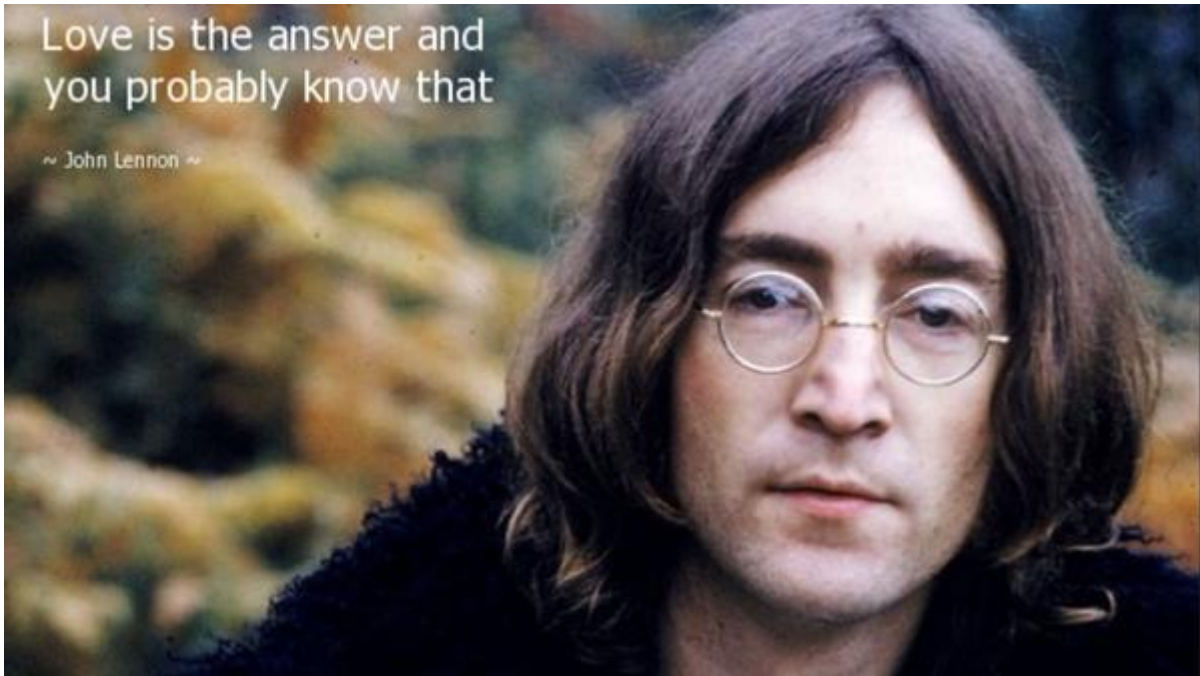
**As we wish upon this deepest Heart star
Our dream comes forth from who we really are.**



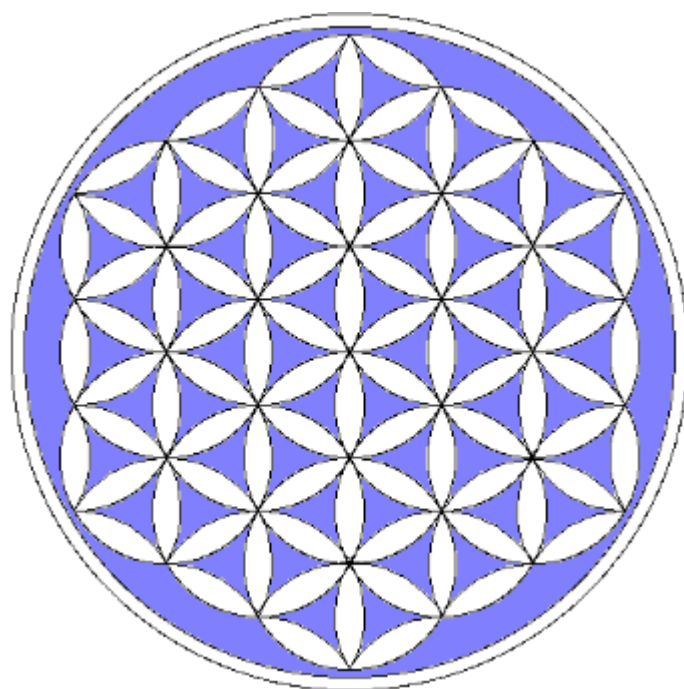


Love is the answer and
you probably know that

~ John Lennon ~

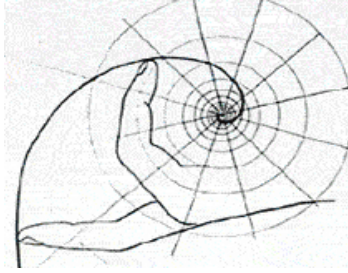






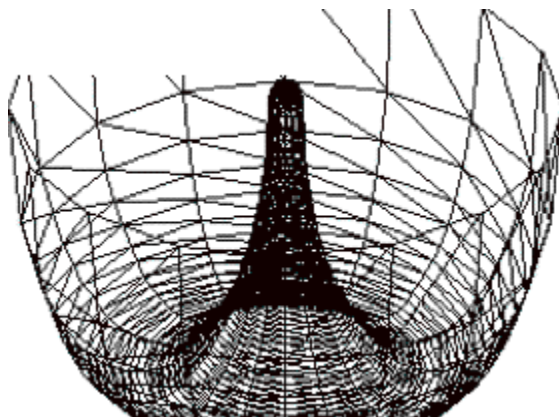
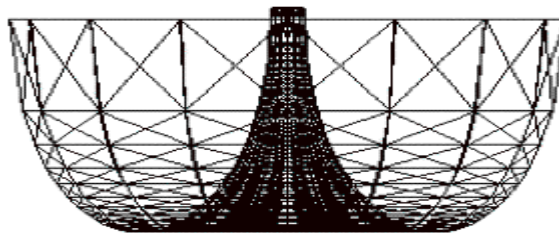
Spiritual practice is not just sitting and meditating. Practice is looking, thinking, touching, drinking, eating, and talking. Every act, every breath, and every step can be practice and can help us to become more ourselves.

Thich Nhat Hanh

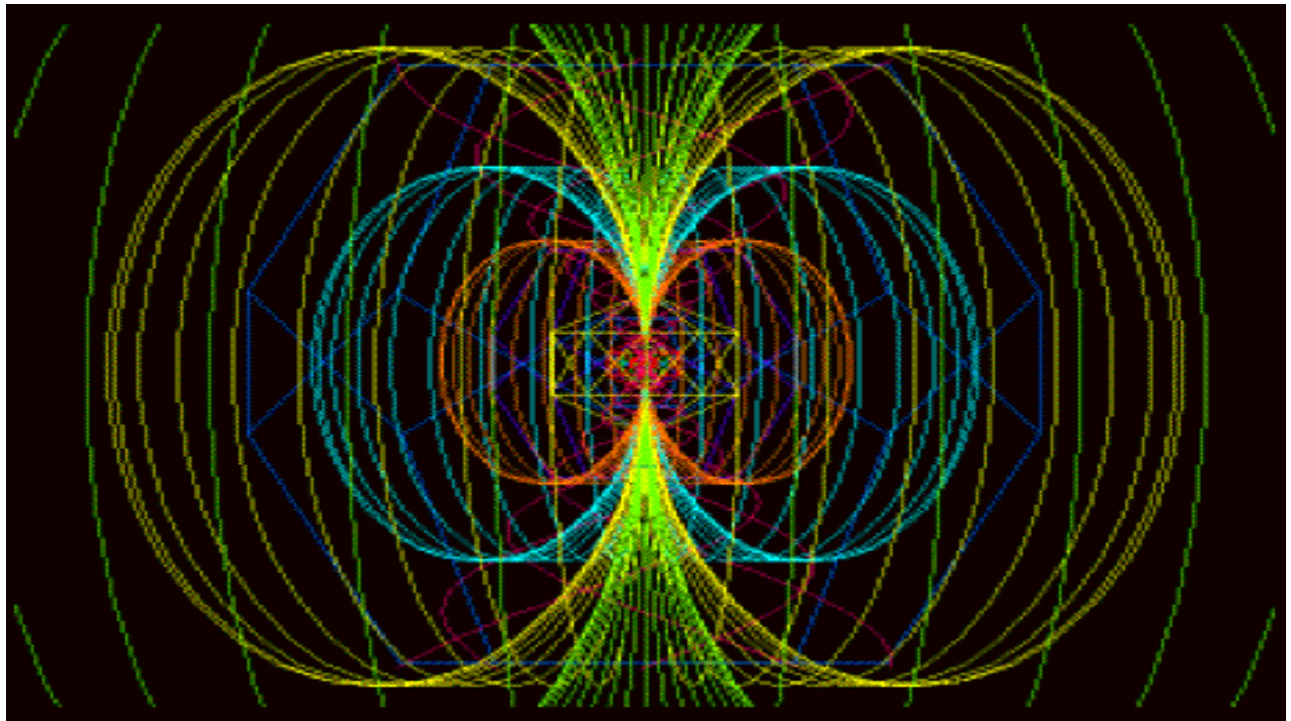


**May all of your Highest Dreams and Passions come true
Within your very own experiential point of view.**

**May eternal blessings flow down upon you from above
To equip you in your mission to spread your love.**



[Images: GoldenMean.info]





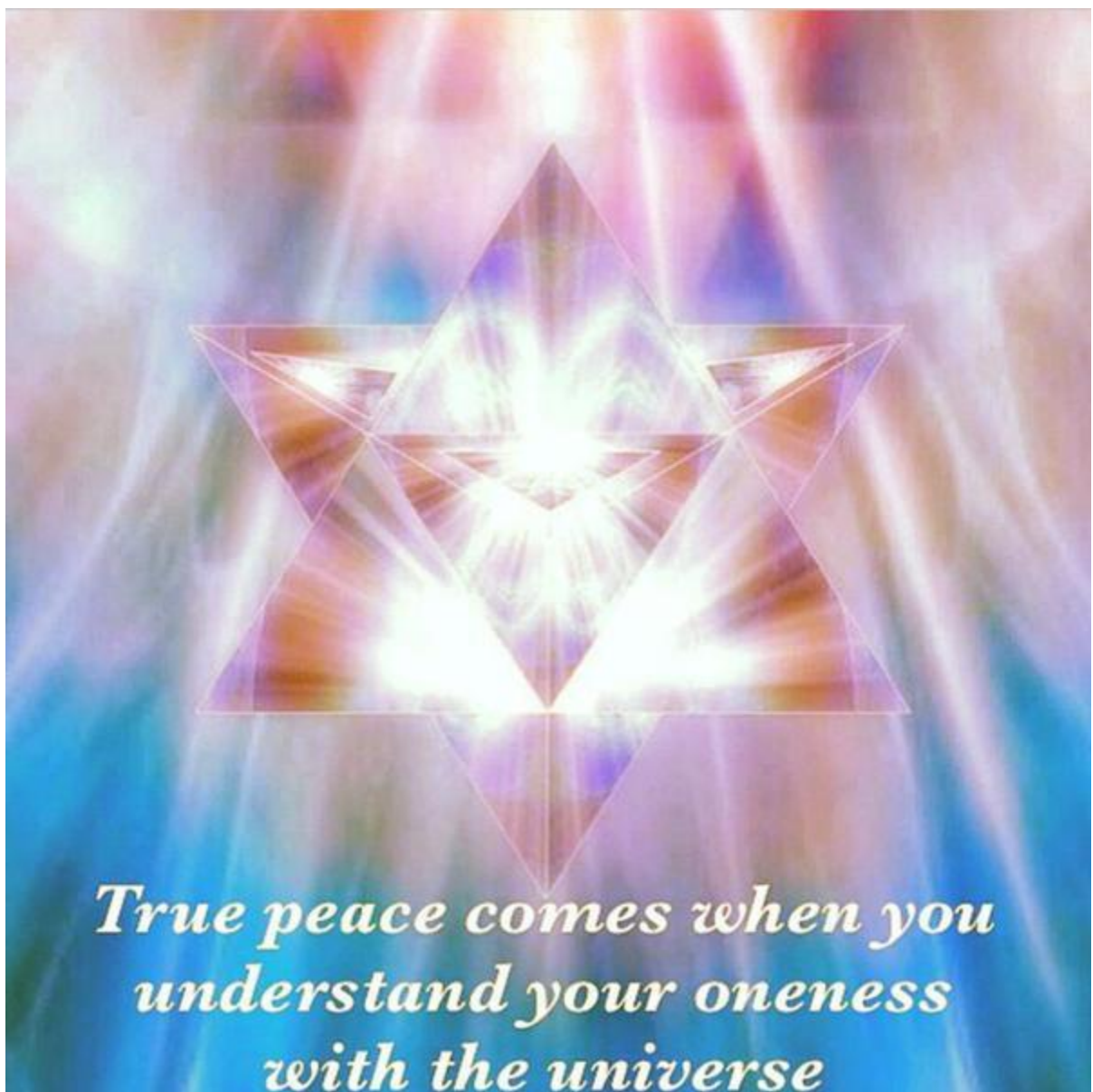
**May you find all your dreams
And touch the stars
To never forget just how special
Each and everyone one of you are.**



**Thank you from the bottom of my heart
For just simply being you
Which helps show me more of myself too
From another expanded point of view.**



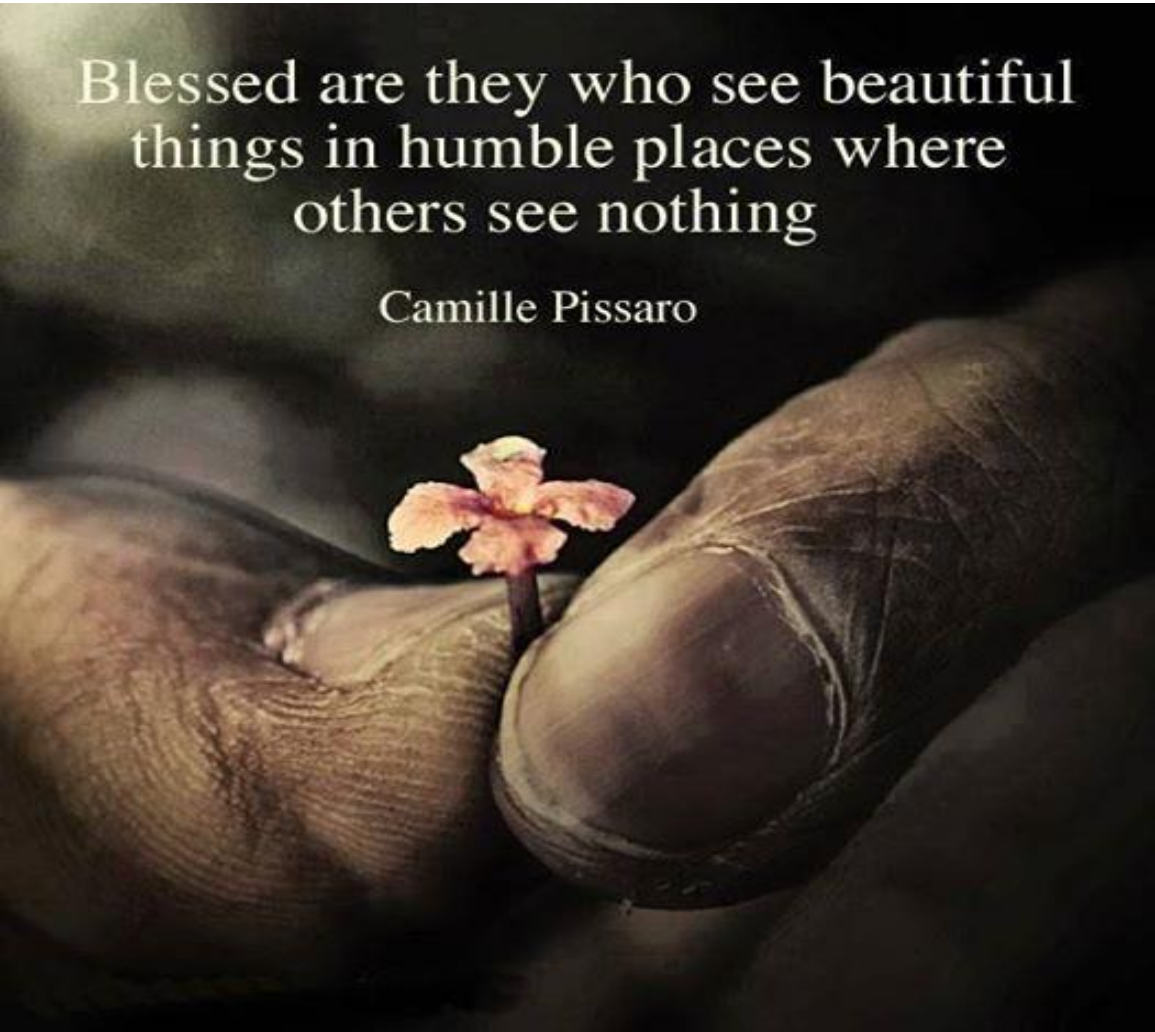






Blessed are they who see beautiful
things in humble places where
others see nothing

Camille Pissaro



**When the all become One
Entering the Kingdom of Heaven's sun**



**Unconditionally Loving Another
Is Unconditional LOVE of Our Own Self too
From a more Expanded point of view.**





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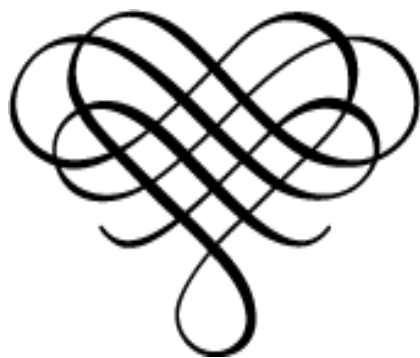
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